



CROSS TEAM CHALLENGE Concept2 Forum Members

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Jan 2021 - Mercian New Year Pyramid

The January challenge was chosen by Mercian Nordic Walking team

Row

- 100m with 1' Rest
- 200m with 1' Rest
- 300m with 1' Rest
- 400m with 1' Rest
- 500m with 1' Rest
- 400m with 1' Rest
- 300m with 1' Rest
- 200m with 1' Rest
- 100m to finish

There are no rate restrictions.
 First rep from a standing start, subsequent reps standing or rolling start (your choice).

Record your time for 2,500m of rowing

The February challenge will be chosen by Germania.
 See [C2 forum thread](#) for details.

Most Recent Entries

Add/Update an Entry

Date	Name	Cat	Team	Result
2021-02-01	Justin Esposito	MHWT	Firm Fitness	8:49.3
2021-02-01	Mabel Gigg	FLWT	Red Line Rowers	12:20.8
2021-02-01	Aviron Castelnaudary Chantal	FLWT	FIRT	11:45.1
2021-02-01	Aviron Castelnaudary Janine C	FHWT	FIRT	13:34.5
2021-02-01	Aviron Castelnaudary Joelle	FHWT	FIRT	12:01.1

Bold = new time; *italic* = updated time

Current Leaderboard

Names in blue italics have added or updated their times within the past 24 hours.

#	Name	Cat	Team	Result	Pace	Power		
1	Jason Marshall	M	GARAGEATHLETE I	6:47.9	1:21.6	644.6	1 72 pts	GARAGEATHLETE I Jason Marshall (H) Ryan Searcy GA (H) Nate wright84 (H) Yannick Herat (L) Kirsten Kline (F)
2	Ryan Searcy GA	M	GARAGEATHLETE I	6:48.4	1:21.7	642.3		
3	Isaiah Harrison	M	Sub 7 I	6:49.7	1:21.9	636.2		
4	Cameron Wharram	M	Team Oarsome I	6:56.2	1:23.2	606.8		
5	Leonardo Calabrese	M	Sub 7 I	7:01.4	1:24.3	584.6		
								Sub 7 I 7:30.0

6	Tim Grohmann	M	Germania I	7:03.9	1:24.8	574.4	2	Isaiah Harrison (H) Leonardo Calabrese (H) Pavel Shurmei (H)	Bergur Jensen (L) Benita Clausen (F)	
7	Pavel Shurmei	M	Sub 7 I	7:05.4	1:25.1	568.3				
8	NZ - Andy Tomlinson	M	Te Waka Aotearoa I	7:06.3	1:25.3	564.7				
9	Jack Trimble	M	MAD I	7:09.4	1:25.9	552.6	71 pts			
10	Milan Dzambasevic	M	Germania I	7:15.3	1:27.1	530.4		MAD I		7:32.6
11	Simon Handley	M	MAD I	7:15.7	1:27.1	529.0			Mark Mitchell (L) Bianca Piloseno MAD (F)	
12	Lucas Schäfer	M	Germania I	7:19.0	1:27.8	517.1		3	Jack Trimble (H) Simon Handley (H) .Tom Morgan (H)	
13	.Tom Morgan	M	MAD I	7:19.3	1:27.9	516.1	70 pts			
14	Danny Graham	M	Team Oarsome I	7:20.0	1:28.0	513.6		4	Team Oarsome I	7:34.0
15	Stu Elvin	M	Team Oarsome I	7:20.1	1:28.0	513.2			Craig Mumby (L) Haley Shust (F)	
16	Joshua Flood FM	M	Fitness Matters I	7:20.2	1:28.0	512.9				
17	Simon Jones	M	MAD II	7:20.5	1:28.1	511.8	69 pts			
18	Andrew Morley	M	Sub 7 II	7:22.5	1:28.5	504.9		5	Germania I	7:38.4
19	Peder Thorstenson	M	Sub 7 II	7:22.7	1:28.5	504.3			Tim Grohmann (H) Milan Dzambasevic (H) Lucas Schäfer (H)	Marlon Welsh (L) Juliane von Wrangel (F)
20	Ian gallagher	M	Team Oarsome II	7:22.9	1:28.6	503.6	68 pts			
21	Roy Jones	M	MAD II	7:24.8	1:29.0	497.1		6	MAD II	7:45.0
22	Nate wright84	M	GARAGEATHLETE I	7:25.7	1:29.1	494.1			Simon Jones (H) Roy Jones (H) j.d (H)	Kieran Cahill (L) Jordan Falcone_ (F)
23	Tobias Stöhr	M	Germania II	7:26.0	1:29.2	493.1	67 pts			
24	Ian Wilde	M	Sub 7 II	7:28.1	1:29.6	486.2		7	Fitness Matters I	7:50.6
25	Warren Matthews	M	Sub 7 III	7:29.3	1:29.9	482.4			Joshua Flood FM (H) Steven Gaunt FM (H) Steffan Jones FM (H)	Simon Amery FM (L) Clare Higgins (F)
26	Keith Thompson	M	Team Oarsome II	7:29.6	1:29.9	481.4				
27	Ole Kristian Karlsen	M	Sub 7 III	7:29.8	1:30.0	480.8		8	Sub 7 II	7:52.4
28	Jon Melson	M	DLC Gidea Park I	7:30.5	1:30.1	478.5	66 pts		Andrew Morley (H) Peder Thorstenson (H) Ian Wilde (H)	Steve Isaacson (L) Sarita Kristina Hansen (F)
29	j.d	M	MAD II	7:31.2	1:30.2	476.3				
30	Martin Evans	M	Sub 7 III	7:31.7	1:30.3	474.7		9	Team Oarsome II	7:56.1
31	Gerry Armstrong	M	Team Oarsome II	7:32.8	1:30.6	471.3	65 pts		Ian gallagher (H) Keith Thompson (H) Gerry Armstrong (H)	Philip Roesel (L) Joanne Blundell (F)
32	Steven Gaunt FM	M	Fitness Matters I	7:34.5	1:30.9	466.0				
33	Steffan Jones FM	M	Fitness Matters I	7:36.3	1:31.3	460.5		10	Sub 7 III	7:57.6
34	Toni R Dam FM	M	Fitness Matters II	7:37.2	1:31.4	457.8	64 pts		Warren Matthews (H) Ole Kristian Karlsen (H) Martin Evans (H)	Rob J Wilson (L) Kristie Harrison (F)
35	Dan Winney TDR	M	The Delivery Room I	7:37.9	1:31.6	455.7				
36	Paul Lloyd FM	M	Fitness Matters II	7:39.5	1:31.9	450.9		11	MAD III	7:59.0
37	Troy Frerichs	M	Team Oarsome III	7:39.7	1:31.9	450.4			Tim Jones (H) Andy Sangster (H) Pete Marston (H)	Chris Mizen. (L) Megan_Falcone (F)
38	Ade Peel TO x1	M	Team Oarsome III	7:39.9	1:32.0	449.8				
39	Craig Mumby	m	Team Oarsome I	7:40.1	1:32.0	449.2	63 pts			
40	Keith Darby	m	Red Line Rowers I	7:41.0	1:32.2	446.6		12	The Delivery Room I	8:02.3
41	James Hayter	M	Free Spirits I	7:41.0	1:32.2	446.6			Dan Winney TDR (H) Tony Facciponti (H) Sjfrost1001 (H)	Alex Winsor TDR (L) Anna Lwt (F)
42	Casey Clarke	M	Sub 7 IV	7:41.8	1:32.4	444.2				
43	Dan Torgerson	M	KCF I	7:41.9	1:32.4	444.0	62 pts			
44	Jake Luce	M	Sub 7 IV	7:42.1	1:32.4	443.4				
45	Ben Jago	M	Sub 7 IV	7:42.6	1:32.5	441.9		13	Fitness Matters II	8:05.3
46	Tim Jones	M	MAD III	7:44.2	1:32.8	437.4			Toni R Dam FM (H) Paul Lloyd FM (H) BlanksbyFM (H)	Alastair Peake FM (L) Louise Barber1409 (F)
47	Andy Sangster	M	MAD III	7:44.2	1:32.8	437.4	61 pts			
48	Dirk Möller	M	Forum Flyers I	7:44.4	1:32.9	436.8				
49	BlanksbyFM	M	Fitness Matters II	7:44.8	1:33.0	435.7		14	Team Oarsome III	8:09.5
50	Martin Mario Jelani	M	Fitness Matters III	7:45.0	1:33.0	435.1	60 pts		Troy Frerichs (H) Ade Peel TO x1 (H) Peter Clowes (H)	Bill.Schmidt (L) Tereza Horejsova (F)
51	Mark Mitchell	m	MAD I	7:45.5	1:33.1	433.7				
52	Bergur Jensen	m	Sub 7 I	7:46.0	1:33.2	432.3				
53	Paul Nuttall	M	Fitness Matters III	7:46.4	1:33.3	431.2				
54	Matt Eades	M	Sub 7 V	7:46.4	1:33.3	431.2	59 pts			

55	Michael Schirmer	M	Germania II	7:46.8	1:33.4	430.1	15 Sub 7 IV		8:09.6
56	Pete Marston	M	MAD III	7:48.9	1:33.8	424.4	Casey Clarke (H)	James Howard (L)	
57	Mark Griffin	M	Isenhurst Rowers I	7:49.0	1:33.8	424.1	Jake Luce (H)	Jackie Hamer (F)	
58	faach1	m	Forum Flyers I	7:49.1	1:33.8	423.8	58 pts Ben Jago (H)		
59	Jorn Gunnar Kleven	M	Sub 7 V	7:49.4	1:33.9	423.0	16 Fitness Matters III		8:10.2
60	ESPRIT Joe Lustig	M	ESPRIT I	7:49.6	1:33.9	422.5	Martin Mario Jelani (H)	Tim Jenns FM (L)	
61	Harry Wilkes	M	Sub 7 V	7:49.7	1:33.9	422.2	57 pts Paul Nuttall (H)	Julie Lx (F)	
62	Matej Čambal	M	GARAGEATHLETE II	7:51.0	1:34.2	418.7	Morten Haugseng (H)		
63	Marlon Welsh	m	Germania I	7:51.3	1:34.3	417.9	17 Red Line Rowers I		8:13.0
64	Morten Haugseng	M	Fitness Matters III	7:51.8	1:34.4	416.6	Rowland Hills (RLR) (H)	Vincent Garner (L)	
65	Tony Facciponti	M	The Delivery Room I	7:51.9	1:34.4	416.3	Liam McKinney (H)	Tracy Watkins RLR (F)	
66	Matthew Godwin FM	M	Fitness Matters IV	7:52.3	1:34.5	415.3	56 pts Keith Darby (L)		
67	Andy Parkes	M	Gee Crew I	7:52.5	1:34.5	414.7	18 Forum Flyers I		8:13.6
68	.HC	M	FIRT I	7:52.8	1:34.6	413.9	Dirk Möller (H)	Jon Entriiken (L)	
69	Warren SkiErg	M	Ski Erg I	7:53.0	1:34.6	413.4	55 pts macroth (H)	Sheena Patel (F)	
70	Peter Clowes	M	Team Oarsome III	7:53.5	1:34.7	412.1	faach1 (L)		
71	James kendrew	M	Whitby Friendship ARC I	7:54.0	1:34.8	410.8	19 Sub 7 V		8:18.7
72	Stan Nwaka	M	Sub 7 VI	7:55.0	1:35.0	408.2	Matt Eades (H)	Andy Street (L)	
73	Dave Chmilowskyj	M	Team Oarsome IV	7:55.1	1:35.0	408.0	54 pts Jorn Gunnar Kleven (H)	Tamara Pellet (F)	
74	Casey Clarke SkiErg	M	Ski Erg I	7:55.5	1:35.1	406.9	Harry Wilkes (H)		
75	Michael Richmond	M	Fitness Matters IV	7:55.8	1:35.2	406.2	20 The Delivery Room II		8:20.1
76	macroth	M	Forum Flyers I	7:56.4	1:35.3	404.6	Tony Maddocks (H)	Karl Hoods TDR (L)	
77	Richard Potter FM	M	Fitness Matters IV	7:56.5	1:35.3	404.4	53 pts Ryan McCormack TDR (H)	Karis Frost (F)	
78	Mark Evans FM	M	Fitness Matters V	7:56.9	1:35.3	404.4	Matthew James Fuller (H)		
79	Brandon Crist	M	Fitness Matters V	7:57.3	1:35.4	403.4	21 Fitness Matters IV		8:20.2
80	Martin Still	M	Sub 7 VI	7:57.6	1:35.5	401.6	Matthew Godwin FM (H)	Justin Nickel FM (L)	
81	Jon Entriiken	m	Forum Flyers I	7:57.7	1:35.5	401.3	52 pts Michael Richmond (H)	Alyson Culliton (F)	
82	Kieran Cahill	m	MAD II	7:58.8	1:35.8	398.6	Richard Potter FM (H)		
83	Yannick Herat	m	GARAGEATHLETE I	7:58.9	1:35.8	398.3	22 Free Spirits I		8:22.3
84	Tom Skinner	M	Sub 7 VI	7:59.6	1:35.9	396.6	51 pts James Hayter (H)	Claudius (L)	
85	Sjfrost1001	M	The Delivery Room I	8:00.0	1:36.0	395.6	Kevinhorne44 (H)	Caroline bates (F)	
86	Jonas Eskildsen	M	GARAGEATHLETE II	8:00.5	1:36.1	394.4	Matthew Leonard (H)		
87	Rob Phillips	M	Sub 7 VII	8:00.8	1:36.2	393.6	23 Team Oarsome IV		8:23.9
88	Jeroen Pasman	M	Sub 7 VII	8:00.9	1:36.2	393.4	Dave Chmilowskyj (H)	Gregory Cook (L)	
89	Simon Amery FM	m	Fitness Matters I	8:00.9	1:36.2	393.4	50 pts Graham Todd (H)	Aly Orfanides (F)	
90	Chris Mizen.	m	MAD III	8:01.5	1:36.3	391.9	Paul Alderson (H)		
91	Jake Dolphin	M	Fitness Matters V	8:01.8	1:36.4	391.2	24 Te Waka Aotearoa I		8:26.4
92	Tony Maddocks	M	The Delivery Room II	8:02.1	1:36.4	390.5	NZ - Andy Tomlinson (H)	NZ - Eddy Fan (L)	
93	Richard Pruce	M	Sub 7 VII	8:02.4	1:36.5	389.7	49 pts NZ - Ross Smith (H)	NZ - Lisa Berryman (F)	
94	Rowland Hills (RLR)	M	Red Line Rowers I	8:02.6	1:36.5	389.2	NZ - Alex Nicholson (L)		
95	Claudius	m	Free Spirits I	8:02.8	1:36.6	388.8	25 Sub 7 VI		8:28.7
96	Alastair Peake FM	m	Fitness Matters II	8:03.6	1:36.7	386.8	48 pts Stan Nwaka (H)	Paul Morton (L)	
97	Graham Todd	M	Team Oarsome IV	8:03.9	1:36.8	386.1	Martin Still (H)	Allison Kaye S7 (F)	
98	Vincent Garner	m	Red Line Rowers I	8:04.0	1:36.8	385.9	Tom Skinner (H)		
99	Asmund Karlsen	M	Sub 7 VIII	8:04.0	1:36.8	385.9	26 Fitness Matters V		8:29.1
100	Glynn Powell	M	Sub 7 VIII	8:04.1	1:36.8	385.6	Mark Evans FM (H)	B McAuley (L)	
101	js.klski	m	Ski Erg I	8:04.5	1:36.9	384.7	47 pts Brandon Crist (H)	ANNE JEANNET (F)	
102	Ryan McCormack TDR	M	The Delivery Room II	8:04.8	1:37.0	384.0	Jake Dolphin (H)		
103	Tim Jenns FM	m	Fitness Matters III	8:05.4	1:37.1	382.5	27 Sub 7 VII		8:32.0
							46 pts Rob Phillips (H)	Nigel Brockton (L)	
							Jeroen Pasman (H)	Tassana Landy (F)	
							Richard Pruce (H)		

104 Rich Dixon	M	Sub 7 VIII	8:05.4	1:37.1	382.5	28 Isenhurst Rowers I 45 pts Mark Griffin (H) Dan James (H) Tim Evans (H)	Gary Smith (L) Michelle Spates (F)	8:35.2
105 Kevinhorne44	M	Free Spirits I	8:05.4	1:37.1	382.5			
106 Justin Nickel FM	m	Fitness Matters IV	8:05.5	1:37.1	382.3			
107 HvS	M	MAD IV	8:05.6	1:37.1	382.1			
108 Mac McNelis	M	Sub 7 IX	8:05.6	1:37.1	382.1			
109 Alan Denby	M	Sub 7 IX	8:05.9	1:37.2	381.4	29 Red Line Rowers II 44 pts Sam Willetts (H) Paul Sands (H) meurice robinson RLR (L)	Richard Milner (L) Barbara Apro (F)	8:35.2
110 Kay Bieri	M	C2TweetCrew I	8:06.1	1:37.2	380.9			
111 Chris Sindahl	M	Paddy Power I	8:06.3	1:37.3	380.4			
112 Matthew Leonard	M	Free Spirits I	8:07.6	1:37.5	377.4	30 MAD IV 43 pts HvS (H) Matt.Mitchell.hwt (H) Jon Goodall (H)	Rod Chinn (L) Charlotte Pigg (F)	8:37.4
113 Sanjuan aip-perpignan	M	FIRT I	8:08.0	1:37.6	376.5			
114 Tako Lootsma	M	Fitness Matters VI	8:08.1	1:37.6	376.2			
115 phil pecoraro	M	Sub 7 IX	8:08.4	1:37.7	375.5	31 Sub 7 VIII 42 pts Asmund Karlsen (H) Glynn Powell (H) Rich Dixon (H)	Anton Gazal (L) Katherine Johann (F)	8:38.3
116 Matthew James Fuller	M	The Delivery Room II	8:08.7	1:37.7	374.8			
117 Alex Winsor TDR	m	The Delivery Room I	8:09.2	1:37.8	373.7			
118 John Walsh	M	Sub 7 X	8:09.4	1:37.9	373.2	32 Forum Flyers II 41 pts Martin FF (H) Frank Noorlander (H) Jon Sarche (H)	Spike (L) Suzanne Wittenbrink (F)	8:40.0
119 Josh Skversky FM	M	Fitness Matters VI	8:09.7	1:37.9	372.6			
120 Steve Isaacson	m	Sub 7 II	8:09.7	1:37.9	372.6			
121 Mike Pearce (MPx)	M	Sub 7 X	8:10.0	1:38.0	371.9	33 Fitness Matters VI 40 pts Tako Lootsma (H) Josh Skversky FM (H) Roger Rogne (H)	Adam Yalowich (L) Jenni Crook FM (F)	8:40.6
122 Shane Denver	M	Sub 7 X	8:10.1	1:38.0	371.6			
123 Len Osborn	M	Diamonds I	8:10.2	1:38.0	371.4			
124 Dingeman Wiertz	m	Ergo Ergo Sum I	8:11.2	1:38.2	369.2	34 Diamonds I 39 pts Len Osborn (H) Jim McCarthy (H) Robin Smyth-Osbourne (L)	Leo OConnor (L) Peta Robinson (F)	8:40.7
125 Paul Alderson	M	Team Oarsome IV	8:11.8	1:38.4	367.8			
126 Roger Rogne	M	Fitness Matters VI	8:12.1	1:38.4	367.1			
127 Kirsten Kline	F	GARAGEATHLETE I	8:12.1	1:38.4	367.1	35 Free Spirits II 38 pts fkoene (H) Steve Smith (H) Crushy (H)	Spidermac (L) Gaby Buse (F)	8:42.2
128 Martin FF	M	Forum Flyers II	8:12.3	1:38.5	366.7			
129 Rob J Wilson	m	Sub 7 III	8:12.9	1:38.6	365.3			
130 Bianca Piloseno MAD	F	MAD I	8:13.2	1:38.6	364.7	36 Gee Crew I 37 pts Andy Parkes (H) Andy Cole (H) Rouge (H)	Mike Pearson (L) Natalie Trebilcock (F)	8:42.9
131 Liam McKinney	M	Red Line Rowers I	8:13.2	1:38.6	364.7			
132 Andy Cole	M	Gee Crew I	8:13.9	1:38.8	363.1			
133 Cy Gwyllt	M	Sub 7 XI	8:14.0	1:38.8	362.9	37 Team Oarsome V 36 pts Liam Beaton (H) Andy Burrows (H) Matt Newman (L)	Tyson Whitt (L) .Jules Bailey (F)	8:43.4
134 fkoene	M	Free Spirits II	8:14.2	1:38.8	362.5			
135 Steve Smith	M	Free Spirits II	8:14.6	1:38.9	361.6			
136 Dan James	M	Isenhurst Rowers I	8:14.9	1:39.0	360.9	38 Firm Fitness I 35 pts Scott Royal (H) Chuck McGee (H) Mark Williams (H)	Paul Timmons FFC (L) Heather K Kenton (F)	8:43.4
137 tony walpole	M	Fitness Matters VII	8:15.0	1:39.0	360.7			
138 Saro Micalizzi	M	RowPro Rowers I	8:15.0	1:39.0	360.7			
139 Rob Palk Sub 7	M	Sub 7 XI	8:15.5	1:39.1	359.6	39 Fitness Matters VII 34 pts tony walpole (H) John Steventon HWT FM (H) Chris Barclay (H)	..Paul Freeman (L) Sungsil PARK (F)	8:47.4
140 Matt.Mitchell.hwt	M	MAD IV	8:15.5	1:39.1	359.6			
141 Frank Noorlander	M	Forum Flyers II	8:16.0	1:39.2	358.5			
142 Tim Evans	M	Isenhurst Rowers I	8:16.9	1:39.4	356.6	40 Isenhurst Rowers II 33 pts Jonty Eyres (H) Keith Keaveney (H) Graham French (H)	Nick Carapiet (L) Teresa Barford (F)	8:52.4
143 James Howard	m	Sub 7 IV	8:17.2	1:39.4	355.9			
144 John Steventon HWT FM	M	Fitness Matters VII	8:17.9	1:39.6	354.4			
145 Marc Wilson	M	Whitby Friendship ARC I	8:18.6	1:39.7	353.0			
146 Chris Barclay	M	Fitness Matters VII	8:18.8	1:39.8	352.5			
147 Liam Beaton	M	Team Oarsome V	8:19.8	1:40.0	350.4			
148 Paul Duncan1	M	Sub 7 XI	8:20.0	1:40.0	350.0			
149 NZ - Alex Nicholson	m	Te Waka Aotearoa I	8:20.1	1:40.0	349.8			
150 John Adcock	M	Ergo Ergo Sum I	8:21.5	1:40.3	346.9			
151 Eric August	M	Sub 7 XII	8:21.8	1:40.4	346.2			
152 Peter McConnell TR	M	#TokyRow I	8:22.8	1:40.6	344.2			

153 Rick Duffield	M	Sub 7 XII	8:23.4	1:40.7	343.0	41 Paddy Power I Chris Sindahl (H) PaOSullivan1 (H) davidmarks (H)	Joe A Keating (L) Kim Sindahl (F)	8:53.8
154 Sam Willetts	M	Red Line Rowers II	8:23.9	1:40.8	341.9		32 pts	
155 Crushy	M	Free Spirits II	8:23.9	1:40.8	341.9	42 FIRT I .HC (H) Sanjuan aip-perpignan (H) Mi.au.66-aip-perpignan (H)	patrice CORNUT (L) <i>Aviron Castelnudary Chantal</i> (F)	8:57.8
156 Richard Steventon	M	Sub 7 XII	8:23.9	1:40.8	341.9		31 pts	
157 Philip Roesel	m	Team Oarsome II	8:24.0	1:40.8	341.7	43 Free Spirits III danfennell (H) Jan Borkenstein (H) Peter Weiss (H)	Jon P Taylor (L) Sheena Haveman (F)	8:58.2
158 Huw Beaty FM	M	Fitness Matters VIII	8:24.3	1:40.9	341.1		30 pts	
159 meurice robinson RLR	m	Red Line Rowers II	8:24.9	1:41.0	339.9	44 Fitness Matters VIII Huw Beaty FM (H) Stuart Salmon (H) Paul Chick (H)	Andy Lee (L) Vic Cheshire FM (F)	8:58.4
160 PaOSullivan1	M	Paddy Power I	8:25.3	1:41.1	339.1		29 pts	
161 Stuart Salmon	M	Fitness Matters VIII	8:25.5	1:41.1	338.7	45 Forum Flyers III Lindsayh (H) Peterb FF (H) Mikael Calonius (H)	Will Haskell (L) Sabrina Rasmussen (F)	9:00.1
162 danfennell	M	Free Spirits III	8:26.0	1:41.2	337.7		28 pts	
163 Jonty Eyres	M	Isenhurst Rowers II	8:26.2	1:41.2	337.3	46 Fitness Matters IX pete edkins (H) Stephen Perkins FM (H) Daren Haseldine (H)	Graham Johnson (L) Victoria (F)	9:04.7
164 NZ - Ross Smith	M	Te Waka Aotearoa I	8:26.4	1:41.3	336.9		27 pts	
165 Keith Keaveney	M	Isenhurst Rowers II	8:26.7	1:41.3	336.3	47 Diamonds II Luther Jones (H) Mike Forder (H) Eich Peter (H)	James Dick (L) Janice Macdonald (F)	9:06.5
166 FREELANCE MN AD POLI DOMENICO	M	ROWING CLUB MANTOVA I	8:26.9	1:41.4	335.9		26 pts	
167 Graham French	M	Isenhurst Rowers II	8:28.0	1:41.6	333.7	48 ROWING CLUB MANTOVA I FREELANCE MN AD POLI DOMENICO (H) FREELANCE MN SALOMONI VALERIO (H) FREELANCE MN AD LEONI MAURO (H)	FREELANCE MN NASI PIERGIORGIO (L) FREELANCE MN BARUFFALDI TIZIANA (F)	9:07.4
168 Jan Borkenstein	M	Free Spirits III	8:28.3	1:41.7	333.1		25 pts	
169 Steven Richie	M	Sub 7 XIII	8:28.4	1:41.7	332.9	49 Independent I Steve Wilkin (H) Robert Dyke (L) Rich Insley (L)	Powerstroke T (L) Jackie Hicks (F)	9:09.2
170 Paul Chick	M	Fitness Matters VIII	8:29.0	1:41.8	331.8		24 pts	
171 JC Crilly	M	Sub 7 XIII	8:29.3	1:41.9	331.2	50 Red Line Rowers III David Gigg (H) Graham Hutchings (H) Bezza RLR (L)	Jan Hruska (L) Sarah Garrett (F)	9:09.4
172 Jordan Falcone_	F	MAD II	8:29.7	1:41.9	330.4		23 pts	
173 Robin Smyth-Osbourne	m	Diamonds I	8:29.9	1:42.0	330.0	51 Firm Fitness II <i>Justin Esposito</i> (H) Gregory Scott (H) Jason Farrell (H)	Lenny Cottrell (L) Cecily_Fisher (F)	9:10.1
174 B McAuley	m	Fitness Matters V	8:30.3	1:42.1	329.2		22 pts	
175 Aaron Lancaster	M	Sub 7 XIII	8:30.4	1:42.1	329.0	52 Forum Flyers IV Richard Wolf (H) Steve Ockerby (H) Rod Ladyman (H)	Marc Voorhees (L) <i>Penny Glew</i> (F)	9:14.2
176 Paul Sands	m	Red Line Rowers II	8:30.5	1:42.1	328.8		21 pts	
177 Richard Milner	m	Red Line Rowers II	8:30.8	1:42.2	328.3	53 Sub 7 IX Mac McNelis (H) Alan Denby (H) phil pecoraro (H)	Dan Lynch (L) Heather Powell (F)	9:15.0
178 Mi.au.66-aip-perpignan	M	FIRT I	8:30.8	1:42.2	328.3		20 pts	
179 Paul Timmons FFC	m	Firm Fitness I	8:30.9	1:42.2	328.1			
180 Jon Sarche	M	Forum Flyers II	8:31.3	1:42.3	327.3			
181 pete edkins	M	Fitness Matters IX	8:31.4	1:42.3	327.1			
182 Andy Burrows	M	Team Oarsome V	8:31.5	1:42.3	326.9			
183 patrice CORNUT	m	FIRT I	8:32.7	1:42.5	324.6			
184 Anna Lwt	f	The Delivery Room I	8:32.9	1:42.6	324.2			
185 Andy Neat	M	Sub 7 XIV	8:32.9	1:42.6	324.2			
186 Stephen Perkins FM	M	Fitness Matters IX	8:33.0	1:42.6	324.1			
187 Andy Street	m	Sub 7 V	8:33.1	1:42.6	323.9			
188 Jon Tyson	M	Sub 7 XIV	8:33.3	1:42.7	323.5			
189 steph73	M	Ski Erg I	8:33.6	1:42.7	322.9			
190 Scott Royal	M	Firm Fitness I	8:33.7	1:42.7	322.7			
191 Jon Goodall	M	MAD IV	8:33.9	1:42.8	322.4			
192 Haley Shust	F	Team Oarsome I	8:34.0	1:42.8	322.2			
193 Kevin Hillman	M	Empty the Tanks I	8:34.1	1:42.8	322.0			
194 Spike	m	Forum Flyers II	8:34.5	1:42.9	321.2			
195 Hal Appleyard01	M	Sub 7 XIV	8:35.0	1:43.0	320.3			
196 Lindsayh	M	Forum Flyers III	8:35.0	1:43.0	320.3			
197 Leo OConnor	m	Diamonds I	8:35.2	1:43.0	319.9			
198 Daren Haseldine	M	Fitness Matters IX	8:35.2	1:43.0	319.9			
199 Spidermac	m	Free Spirits II	8:35.3	1:43.1	319.7			
200 Bill.Schmidt	m	Team Oarsome III	8:35.4	1:43.1	319.6			
201 Bezza RLR	m	Red Line Rowers III	8:36.1	1:43.2	318.3			

202 Megan_Falcone	F	MAD III	8:36.4	1:43.3	317.7	54 Fitness Matters X	Harry Hellam (L) Nicole Schneider (F)	9:15.7
203 James Clarke	M	Fitness Matters X	8:36.9	1:43.4	316.8			
204 David Gigg	M	Red Line Rowers III	8:37.2	1:43.4	316.2	19 pts		
205 Paul Morton	m	Sub 7 VI	8:37.6	1:43.5	315.5	55 Free Spirits IV	David Plumb (L) clareburrell (F)	9:19.0
206 Gregory Cook	m	Team Oarsome IV	8:37.7	1:43.5	315.3			
207 Jim McCarthy	M	Diamonds I	8:38.2	1:43.6	314.4	18 pts		
208 Peterb FF	M	Forum Flyers III	8:39.1	1:43.8	312.8	56 Isenhurst Rowers III	Fleur Blanford (L) Sue Ellery (F)	9:24.1
209 Steve Wilkin	M	Independent I	8:39.3	1:43.9	312.4			
210 Peter Weiss	M	Free Spirits III	8:40.0	1:44.0	311.1	17 pts		
211 Matt Newman	m	Team Oarsome V	8:40.2	1:44.0	310.8	57 Gee Crew II	Tony Lorrimer (L) Eve Evison (F)	9:25.7
212 Jim Baird	M	Isenhurst Rowers III	8:40.5	1:44.1	310.3			
213 André Budzien	M	SYC Rowing Crew I	8:40.7	1:44.1	309.9	16 pts		
214 davidmarks	M	Paddy Power I	8:41.0	1:44.2	309.4	58 Mercian Nordic Walking I	AMNW DaveW (L) AMNW Pauline Demel (F)	9:33.7
215 Rouge	M	Gee Crew I	8:41.1	1:44.2	309.2			
216 Clare Higgins	F	Fitness Matters I	8:41.1	1:44.2	309.2	15 pts		
217 Nigel Brockton	m	Sub 7 VII	8:41.9	1:44.4	307.8	59 Age Without Limits I	Peter W Straw (L) Cynthia Runia (F)	9:37.3
218 Graham Hutchings	M	Red Line Rowers III	8:42.1	1:44.4	307.4			
219 Karl Hoods TDR	m	The Delivery Room II	8:42.1	1:44.4	307.4	14 pts		
220 Juliane von Wrangel	F	Germania I	8:42.6	1:44.5	306.5	60 Red Line Rowers IV	George Bingham (RLR LWT) (L) Gaynor Johnson (F)	9:39.8
221 Mikael Calonius	M	Forum Flyers III	8:43.1	1:44.6	305.6			
222 Jon P Taylor	m	Free Spirits III	8:43.2	1:44.6	305.5	13 pts		
223 Karis Frost	F	The Delivery Room II	8:43.2	1:44.6	305.5	61 Diamonds III	Paivi Torma (F) Sarah Fox (F)	9:42.7
224 FREELANCE MN NASI PIERGIORGIO	m	ROWING CLUB MANTOVA I	8:43.4	1:44.7	305.1			
225 Liefcat	M	Free Spirits IV	8:43.9	1:44.8	304.3	12 pts		
226 FREELANCE MN SALOMONI VALERIO	M	ROWING CLUB MANTOVA I	8:45.1	1:45.0	302.2	62 Free Spirits V	Jan Haveman (L) Janet Lawton (F)	9:45.9
227 Mike Shillabeer	M	Isenhurst Rowers III	8:45.2	1:45.0	302.0			
228 Adam Yalowich	m	Fitness Matters VI	8:46.5	1:45.3	299.8	11 pts		
229 Richard Wolf	M	Forum Flyers IV	8:46.8	1:45.4	299.3	63 Forum Flyers V	Terry FF (L) lizh FF (F)	9:46.4
230 Luther Jones	M	Diamonds II	8:47.1	1:45.4	298.7			
231 Will Haskell	m	Forum Flyers III	8:47.6	1:45.5	297.9	10 pts		
232 Chuck McGee	M	Firm Fitness I	8:47.7	1:45.5	297.7	64 Team Oarsome VI	Ange Westbrook (F) Heather Driver (F)	9:49.6
233 James Dick	m	Diamonds II	8:47.8	1:45.6	297.6			
234 Benita Clausen	F	Sub 7 I	8:47.9	1:45.6	297.4	9 pts		
235 Mark Williams	M	Firm Fitness I	8:48.6	1:45.7	296.2	65 Fitness Matters XI	Roy Spencer (L) Nance (F)	9:54.2
236 <i>Justin Esposito</i>	M	Firm Fitness II	8:49.3	1:45.9	295.0			
237 Mike Forder	M	Diamonds II	8:50.2	1:46.0	293.5	8 pts		
238 Daniel John	M	Fitness Matters X	8:50.9	1:46.2	292.4	66 Forum Flyers VI	Rick Bayko (L) Anna Rae Green (F)	10:08.6
239 Joanne Blundell	F	Team Oarsome II	8:51.2	1:46.2	291.9			
240 Joe Lohman	M	Free Spirits IV	8:52.1	1:46.4	290.4	7 pts		
241 Steve Selwood	M	Taff Attack I	8:52.2	1:46.4	290.2	65 Fitness Matters XI	Roy Spencer (L) Nance (F)	9:54.2
242 Jan Hruska	m	Red Line Rowers III	8:52.5	1:46.5	289.7			
243 Julian Kennedy	m	Empty the Tanks I	8:52.6	1:46.5	289.6	8 pts		
244 Anton Gazal	m	Sub 7 VIII	8:53.1	1:46.6	288.8	66 Forum Flyers VI	Rick Bayko (L) Anna Rae Green (F)	10:08.6
245 Dirk Sundermann	M	SYC Rowing Crew I	8:53.8	1:46.8	287.6			
246 AMNW DaveW	m	Mercian Nordic Walking I	8:53.9	1:46.8	287.5	7 pts		
247 Tyson Whitt	m	Team Oarsome V	8:54.0	1:46.8	287.3	66 Forum Flyers VI	Rick Bayko (L) Anna Rae Green (F)	10:08.6
248 NZ - Eddy Fan	m	Te Waka Aotearoa I	8:55.0	1:47.0	285.7			
249 FREELANCE MN AD LEONI MAURO	M	ROWING CLUB MANTOVA I	8:55.4	1:47.1	285.1	7 pts		
250 William Gooner Hawkins	M	C2TweeCrew I	8:55.5	1:47.1	284.9			

251 Steve Ockerby	M	Forum Flyers IV	8:55.6	1:47.1	284.7	67 Gee Crew III Tom Haig (H) Peter Hawney (H) Mick Bennetts (L)	Ian Nimmo (L) Rita Risley (F)	10:12.0
252 Ben Jenkins	M	Fitness Matters X	8:55.8	1:47.2	284.4			
253 Illugi Ljótsson	M	Sub 7 XV	8:56.0	1:47.2	284.1			
254 Heather K Kenton	f	Firm Fitness I	8:56.2	1:47.2	283.8			
255 Gregory Scott	M	Firm Fitness II	8:56.3	1:47.3	283.6			
256 Iain	m	Free Spirits IV	8:56.6	1:47.3	283.2			
257 ..Paul Freeman	m	Fitness Matters VII	8:57.8	1:47.6	281.3	68 #TokyoRow I Peter McConnell TR (H) ObeseManRowing (H) Rose Metallii (LW) (L)	Martha Walsh TR (F) Persephone Wynn (F)	10:12.2
258 AMNW Ian Northcott	M	Mercian Nordic Walking I	8:57.9	1:47.6	281.1			
259 Robert Dyke	m	Independent I	8:58.1	1:47.6	280.8	69 Isenhurst Rowers IV Roger Tivey (H) Gay Keaveney (L) Claire Keaveney (F)	Zoe Osborne (F) Rachel Riley (F)	10:24.0
260 Jason Farrell	M	Firm Fitness II	8:58.1	1:47.6	280.8			
261 Eddie McSharry	M	Sub 7 XV	8:58.2	1:47.6	280.6			
262 Charlotte Pigg	F	MAD IV	8:58.4	1:47.7	280.3	70 Diamonds IV Mark Kaehler (H) Marion - Titchyum (L) beverley laundry (L)	Colleen Farrell (F) Deb Ford (F)	10:30.0
263 ESPRIT Paul Butterworth	M	ESPRIT I	8:59.0	1:47.8	279.4			
264 Sarita Kristina Hansen	f	Sub 7 II	8:59.1	1:47.8	279.2	71 Forum Flyers VII andrewcrystal (H) Chris Whale (H) David Whale (H)	Alex Whale (L) Shirley (F)	10:49.7
265 Tereza Horejsova	F	Team Oarsome III	8:59.2	1:47.8	279.1			
266 Rich Insley	m	Independent I	8:59.7	1:47.9	278.3			
267 Mike Pearson	m	Gee Crew I	8:59.9	1:48.0	278.0	72 FIRT II Aviron Castelnauary Marie F (L) Aviron Castelnauary Josyane E (L) aviron castelnauary nicole (F)	Aviron Castelnauary Joelle (F) Aviron Castelnauary Janine C (F)	12:26.6
268 Rod Ladyman	M	Forum Flyers IV	9:00.2	1:48.0	277.5			
269 Kenneth Murdoch	M	Empty the Tanks I	9:00.7	1:48.1	276.8	73 DLC Gidea Park I Jon Melson (H)		7:30.5
270 Marc Voorhees	m	Forum Flyers IV	9:00.7	1:48.1	276.8			
271 C Rosjat	M	Sub 7 XV	9:01.0	1:48.2	276.3	74 Germania II Tobias Stöhr (H) Michael Schirmer (H)		7:36.4
272 James Slipetz	M	Forum Flyers V	9:01.8	1:48.4	275.1			
273 Angus Woodhams	M	Isenhurst Rowers III	9:01.9	1:48.4	274.9	75 KCF I Dan Torgerson (H)		7:41.9
274 Sam white HW	M	Sub 7 XVI	9:02.0	1:48.4	274.8			
275 Steve Motzny	M	Age Without Limits I	9:02.1	1:48.4	274.6	76 GARAGEATHLETE II Matej Čambal (H) Jonas Eskildsen (H)		7:55.7
276 AndersP_Swe	M	AIRC I	9:02.5	1:48.5	274.0			
277 Robert Jones	M	Sub 7 XVI	9:02.7	1:48.5	273.7	77 Ski Erg I Warren SkiErg (H) Casey Clarke SkiErg (H) steph73 (H)	js.klski (L)	8:06.6
278 Roger Bjarm Fornebo	M	Red Line Rowers IV	9:03.0	1:48.6	273.3			
279 David Keck	M	Firm Fitness III	9:03.2	1:48.6	273.0	78 Sub 7 X John Walsh (H) Mike Pearce (MPx) (H) Shane Denver (H)		8:09.8
280 Bill Wakeley	m	RowPro Rowers I	9:03.9	1:48.8	271.9			
281 AMNW Chris P	M	Mercian Nordic Walking I	9:04.2	1:48.8	271.5	79 Sub 7 XI Cy Gwyllt (H) Rob Palk Sub 7 (H) Paul Duncan1 (H)		8:16.5
282 Tracy Watkins RLR	F	Red Line Rowers I	9:04.3	1:48.9	271.3			
283 Kristie Harrison	F	Sub 7 III	9:04.4	1:48.9	271.2	80 Sub 7 XII Eric August (H) Rick Duffield (H) Richard Steventon (H)		8:23.0
284 Barbara Apro	F	Red Line Rowers II	9:06.2	1:49.2	268.5			
285 LauraH21 Ghiò	f	The Italian Team I	9:06.8	1:49.4	267.6	81 Sub 7 XIII		8:29.3
286 Gary Smith	m	Isenhurst Rowers I	9:06.8	1:49.4	267.6			
287 Powerstroke T	m	Independent I	9:07.0	1:49.4	267.3			
288 Andy Flewitt	M	Gee Crew II	9:07.1	1:49.4	267.2			
289 Roger Tivey	M	Isenhurst Rowers IV	9:07.8	1:49.6	266.1			
290 Richard Campos (RLR)	M	Red Line Rowers IV	9:08.3	1:49.7	265.4			
291 FREELANCE MN AD TOMMASINI MARCO	M	ROWING CLUB MANTOVA II	9:10.3	1:50.1	262.5			
292 Aly Orfanides	F	Team Oarsome IV	9:11.1	1:50.2	261.4			
293 Eich Peter	M	Diamonds II	9:11.5	1:50.3	260.8			
294 .Jules Bailey	F	Team Oarsome V	9:11.6	1:50.3	260.7			
295 Jon Everson	M	Gee Crew II	9:12.0	1:50.4	260.1			
296 Giles Clarke (RLR)	M	Red Line Rowers IV	9:12.5	1:50.5	259.4			
297 George Bingham (RLR LWT)	m	Red Line Rowers IV	9:13.3	1:50.7	258.3			
298 Rod Chinn	m	MAD IV	9:13.8	1:50.8	257.6			
299 David Plumb	m	Free Spirits IV	9:14.3	1:50.9	256.9			

300 David R. Herz	M	Age Without Limits I	9:15.1	1:51.0	255.8	Steven Richie (H)		
301 Lenny Cottrell	m	Firm Fitness II	9:15.4	1:51.1	255.4	JC Crilly (H)		
302 Nick Lizalde	M	Fitness Matters XI	9:17.8	1:51.6	252.1	Aaron Lancaster (H)		
303 Nigel Farmer	M	Forum Flyers V	9:19.0	1:51.8	250.5	82 C2TweetCrew I		8:30.8
304 Tom Begley	M	Free Spirits V	9:19.2	1:51.8	250.2	Kay Bieri (H)		
305 Barry McKechnie	M	Sub 7 XVI	9:19.3	1:51.9	250.1	William Gooner Hawkins (H)		
306 Cammy68	M	Team Oarsome VI	9:19.6	1:51.9	249.7	83 Sub 7 XIV		8:33.7
307 MBrownjohn	m	Diamonds III	9:20.5	1:52.1	248.5	Andy Neat (H)		
308 Andy Lee	m	Fitness Matters VIII	9:20.8	1:52.2	248.1	Jon Tyson (H)		
309 Louise Barber1409	f	Fitness Matters II	9:21.6	1:52.3	247.0	Hal Appleyard01 (H)		
310 Elliot CM Thomas	M	Forum Flyers V	9:21.6	1:52.3	247.0	84 ESPRIT I		8:45.8
311 Jan Haveman	m	Free Spirits V	9:21.7	1:52.3	246.9	ESPRIT Joe Lustig (H)		
312 Alan Champion	M	Free Spirits V	9:21.8	1:52.4	246.7	ESPRIT Paul Butterworth (H)		
313 Tony Lorrimer	m	Gee Crew II	9:22.0	1:52.4	246.5	ESPRIT Jim Aaron (H)		
314 Julie Lx	f	Fitness Matters III	9:22.6	1:52.5	245.7	85 SYC Rowing Crew I		8:47.2
315 NZ - Lisa Berryman	F	Te Waka Aotearoa I	9:24.3	1:52.9	243.5	André Budzien (H)		
316 Jean-Marc Hurni	M	Age Without Limits I	9:24.4	1:52.9	243.3	Dirk Sundermann (H)		
317 Jackie Hamer	F	Sub 7 IV	9:24.4	1:52.9	243.3	86 Taff Attack I		8:52.2
318 Graham Johnson	m	Fitness Matters IX	9:24.8	1:53.0	242.8	Steve Selwood (H)		
319 JRCS Ski	M	Ski Erg II	9:26.2	1:53.2	241.0	87 Sub 7 XV		8:58.4
320 Steve Willcox	M	Free Spirits V	9:27.3	1:53.5	239.6	Illugi Ljótsson (H)		
321 neil262	M	Forum Flyers VI	9:27.4	1:53.5	239.5	Eddie McSharry (H)		
322 Ange Westbrook	F	Team Oarsome VI	9:27.8	1:53.6	239.0	C Rosjat (H)		
323 Michelle Spates	F	Isenhurst Rowers I	9:28.5	1:53.7	238.1	88 Whitby Friendship ARC I		9:01.3
324 ESPRIT Jim Aaron	M	ESPRIT I	9:28.9	1:53.8	237.6	James kendrew (H)		
325 Harry Hellam	m	Fitness Matters X	9:28.9	1:53.8	237.6	Marc Wilson (H)		
326 Allen H	M	Free Spirits VI	9:29.6	1:53.9	236.7	Sara Wilson (L)		
327 Dan Farmer	M	Forum Flyers VI	9:30.0	1:54.0	236.2	89 Ergo Ergo Sum I		9:02.2
328 Larry D'Andrea	M	Diamonds III	9:30.1	1:54.0	236.1	John Adcock (H)	Karin Kraemer (F)	
329 Teresa Barford	f	Isenhurst Rowers II	9:30.2	1:54.0	236.0	Dingeman Wiertz (L)		
330 Peta Robinson	F	Diamonds I	9:30.4	1:54.1	235.7	Belinda Tracey (F)		
331 Nick Carapiet	m	Isenhurst Rowers II	9:31.1	1:54.2	234.9	90 RowPro Rowers I		9:02.5
332 Joe A Keating	m	Paddy Power I	9:31.3	1:54.3	234.6	Saro Micalizzi (H)		
333 Terry FF	m	Forum Flyers V	9:31.6	1:54.3	234.3	Ruud Jackel (H)		
334 Sue Ellery	F	Isenhurst Rowers III	9:33.1	1:54.6	232.4	Bill Wakeley (L)		
335 Michael B	M	Paddy Power II	9:33.9	1:54.8	231.5	91 AIRC I		9:02.5
336 Peter W Straw	m	Age Without Limits I	9:34.0	1:54.8	231.3	AndersP_Swe (H)		
337 Brian Passmore	M	Diamonds III	9:34.3	1:54.9	231.0	92 The Italian Team I		9:06.8
338 Rob Staveley-Brown	M	Age Without Limits II	9:34.8	1:55.0	230.4	LauraH21 Ghiò (L)		
339 Paul Gould	M	Free Spirits VI	9:34.9	1:55.0	230.3	93 Empty the Tanks I		9:07.9
340 Tamara Pellet	F	Sub 7 V	9:35.0	1:55.0	230.1	Kevin Hillman (H)	Rob Drury (L)	
341 Heather Driver	F	Team Oarsome VI	9:37.4	1:55.5	227.3	Kenneth Murdoch (H)		
342 Paul Febery FM	m	Fitness Matters XI	9:37.5	1:55.5	227.2	Julian Kennedy (L)		
343 Mat Atkins	m	Fitness Matters XI	9:37.7	1:55.5	226.9	94 Sub 7 XVI		9:08.0
344 Funkyrower	M	Gee Crew II	9:38.1	1:55.6	226.4	Sam white HW (H)		
345 Sheena Patel	F	Forum Flyers I	9:40.8	1:56.2	223.3	Robert Jones (H)		
346 Paul Victory	M	Free Spirits VI	9:40.8	1:56.2	223.3	Barry McKechnie (H)		
347 Belinda Tracey	F	Ergo Ergo Sum I	9:43.0	1:56.6	220.8	95 Ski Erg II		9:26.2
348 Kim Sindahl	F	Paddy Power I	9:45.4	1:57.1	218.1	JRCS Ski (H)		
						96 Paddy Power II		9:33.9
						Michael B (H)		

349	Suzanne Wittenbrink	f	Forum Flyers II	9:46.1	1:57.2	217.3			
350	FREELANCE MN AD PINCELLA MASSIMO	m	ROWING CLUB MANTOVA II	9:46.5	1:57.3	216.9	97	Free Spirits VI	9:42.3
351	Ian Barnes	M	Independent II	9:47.0	1:57.4	216.3		Allen H (H) Philip Price (L) Paul Gould (H) Paul Victory (H)	
352	Martha Walsh TR	F	#TokyRow I	9:47.1	1:57.4	216.2			
353	Natalie Trebilcock	F	Gee Crew I	9:47.5	1:57.5	215.8	98	ROWING CLUB MANTOVA II	10:01.0
354	Ruud Jackel	M	RowPro Rowers I	9:48.6	1:57.7	214.5			
355	Eve Evison	F	Gee Crew II	9:49.3	1:57.9	213.8			
356	Alyson Culliton	F	Fitness Matters IV	9:51.2	1:58.2	211.7			
357	Claire Keaveney	F	Isenhurst Rowers IV	9:51.2	1:58.2	211.7			
358	Cecily_Fisher	f	Firm Fitness II	9:51.5	1:58.3	211.4	99	Gee Crew IV	10:28.7
359	Karin Kraemer	F	Ergo Ergo Sum I	9:53.2	1:58.6	209.6			
360	Allison Kaye S7	f	Sub 7 VI	9:53.7	1:58.7	209.1	100	Firm Fitness III	10:29.1
361	Tassana Landy	f	Sub 7 VII	9:54.4	1:58.9	208.3			
362	Caroline bates	f	Free Spirits I	9:54.7	1:58.9	208.0			
363	Dave Moores (FF)	M	Forum Flyers VI	9:55.8	1:59.2	206.9	101	Independent II	10:34.3
364	Janice Macdonald	f	Diamonds II	9:56.1	1:59.2	206.5			
365	Tom Haig	M	Gee Crew III	9:58.3	1:59.7	204.3			
366	ANNE JEANNET	F	Fitness Matters V	9:59.4	1:59.9	203.2	102	Diamonds V	11:18.2
367	Paivi Torma	F	Diamonds III	9:59.4	1:59.9	203.2			
368	AMNW Pauline Demel	F	Mercian Nordic Walking I	10:01.7	2:00.3	200.8			
369	Jackie Hicks	F	Independent I	10:02.0	2:00.4	200.5			
370	Arlene Wade (TO)	f	Team Oarsome VI	10:02.6	2:00.5	199.9	103	Fitness Matters XII	11:20.1
371	Gaby Buse	F	Free Spirits II	10:03.3	2:00.7	199.2			
372	Dan Lynch	m	Sub 7 IX	10:04.0	2:00.8	198.5			
373	Philip Price	m	Free Spirits VI	10:04.1	2:00.8	198.5	104	Age Without Limits II	11:31.9
374	Rob Drury	m	Empty the Tanks I	10:04.4	2:00.9	198.2			
375	ObeseManRowing	M	#TokyRow I	10:04.8	2:01.0	197.8			
376	Katherine Johann	F	Sub 7 VIII	10:05.0	2:01.0	197.6			
377	Jenni Crook FM	F	Fitness Matters VI	10:06.9	2:01.4	195.7	105	Red Line Rowers V	11:37.6
378	Sungsil PARK	F	Fitness Matters VII	10:07.5	2:01.5	195.1			
379	Rick Bayko	m	Forum Flyers VI	10:08.8	2:01.8	193.9			
380	Sarah Fox	F	Diamonds III	10:09.5	2:01.9	193.2	106	Mercian Nordic Walking II	11:46.4
381	Vic Cheshire FM	F	Fitness Matters VIII	10:12.7	2:02.5	190.2			
382	Mick Bennetts	m	Gee Crew III	10:13.3	2:02.7	189.7			
383	Peter Hawney	M	Gee Crew III	10:13.9	2:02.8	189.1	107	Isenhurst Rowers V	12:01.1
384	Mark Kaehler	M	Diamonds IV	10:14.9	2:03.0	188.2			
385	Sabrina Rasmussen	f	Forum Flyers III	10:16.0	2:03.2	187.2	108	Free Spirits VII	12:12.9
386	Ian Nimmo	m	Gee Crew III	10:16.2	2:03.2	187.0			
387	Rita Risley	f	Gee Crew III	10:18.5	2:03.7	184.9	109	Forum Flyers VIII	12:25.1
388	Victoria	f	Fitness Matters IX	10:19.5	2:03.9	184.0			
389	Zoe Osborne	F	Isenhurst Rowers IV	10:19.5	2:03.9	184.0			
390	Nicole Schneider	F	Fitness Matters X	10:26.0	2:05.2	178.3			
391	Colleen Farrell	F	Diamonds IV	10:26.1	2:05.2	178.3	110	Team Oarsome VII	13:35.9
392	andrewcrystal	M	Forum Flyers VII	10:27.3	2:05.5	177.2			
393	Chris Whale	M	Forum Flyers VII	10:27.5	2:05.5	177.1			
394	Penny Glew	f	Forum Flyers IV	10:27.7	2:05.5	176.9	111	Truro Goats I	1:00:00.0
395	David Whale	M	Forum Flyers VII	10:27.8	2:05.6	176.8			
396	Nance	F	Fitness Matters XI	10:28.4	2:05.7	176.3			
397	Anne Nimmo	F	Gee Crew IV	10:28.7	2:05.7	176.1			
								arediax (H)	

398	Roy Spencer	m	Fitness Matters XI	10:29.7	2:05.9	175.2
399	Graham Woodley	M	Forum Flyers VIII	10:31.3	2:06.3	173.9
400	Marion - Titchymum	f	Diamonds IV	10:32.7	2:06.5	172.7
401	Sheena Haveman	f	Free Spirits III	10:33.9	2:06.8	171.8
402	beverley laundry	f	Diamonds IV	10:34.0	2:06.8	171.7
403	SarahQ	f	Team Oarsome VI	10:40.7	2:08.1	166.3
404	Isabella Chiappino	F	Fitness Matters XII	10:41.3	2:08.3	165.9
405	Deb Ford	F	Diamonds IV	10:42.3	2:08.5	165.1
406	Gel Forder	f	Diamonds V	10:42.8	2:08.6	164.7
407	FREELANCE MN BARUFFALDI TIZIANA	f	ROWING CLUB MANTOVA I	10:46.4	2:09.3	162.0
408	clareburrell	f	Free Spirits IV	10:48.4	2:09.7	160.5
409	Brit Haugseng	F	Fitness Matters XII	10:50.2	2:10.0	159.2
410	AMNW Mark Turner	M	Mercian Nordic Walking I	10:50.9	2:10.2	158.6
411	Cynthia Runia	F	Age Without Limits I	10:51.3	2:10.3	158.4
412	Sara Wilson	f	Whitby Friendship ARC I	10:51.5	2:10.3	158.2
413	Vitor Vilar	M	Age Without Limits II	10:51.9	2:10.4	157.9
414	Mark Rhine	M	Red Line Rowers V	10:54.5	2:10.9	156.0
415	Sarah Garrett	F	Red Line Rowers III	10:59.2	2:11.8	152.7
416	Alex Whale	m	Forum Flyers VII	10:59.6	2:11.9	152.5
417	Fleur Blanford	f	Isenhurst Rowers III	11:00.2	2:12.0	152.0
418	Rose Metalli (LW)	f	#TokyRow I	11:02.2	2:12.4	150.7
419	FREELANCE MN AD SPANO GIOVANNA	F	ROWING CLUB MANTOVA II	11:06.4	2:13.3	147.8
420	Rachel Riley	F	Isenhurst Rowers IV	11:13.7	2:14.7	143.1
421	Janet Lawton	F	Free Spirits V	11:19.5	2:15.9	139.4
422	Nigel Salisbury	m	Diamonds V	11:19.9	2:16.0	139.2
423	Gail McT	F	Independent II	11:21.6	2:16.3	138.2
424	Gay Keaveney	f	Isenhurst Rowers IV	11:27.9	2:17.6	134.4
425	Claude-de-N	m	Fitness Matters XII	11:29.0	2:17.8	133.8
426	AMNWEsmeB	f	Mercian Nordic Walking II	11:31.8	2:18.4	132.1
427	Jack Gilmore	m	Forum Flyers VIII	11:34.8	2:19.0	130.4
428	lizh FF	F	Forum Flyers V	11:38.3	2:19.7	128.5
429	Anna Rae Green	F	Forum Flyers VI	11:41.0	2:20.2	127.0
430	Gaynor Johnson	F	Red Line Rowers IV	11:42.0	2:20.4	126.5
431	Persephone Wynn	F	#TokyRow I	11:44.2	2:20.8	125.3
432	<i>Aviron Castelnaudary Chantal</i>	f	FIRT I	11:45.1	2:21.0	124.8
433	Shirley	F	Forum Flyers VII	11:46.6	2:21.3	124.0
434	Heather Powell	f	Sub 7 IX	11:51.3	2:22.3	121.6
435	Sue Mather	f	Diamonds V	11:52.1	2:22.4	121.2
436	Jane_Boyd	f	Firm Fitness III	11:55.0	2:23.0	119.7
437	<i>aviron castelnaudary nicole</i>	F	FIRT II	11:58.5	2:23.7	117.9
438	AMNW LohitP	m	Mercian Nordic Walking II	12:01.1	2:24.2	116.7
439	Chris Clarke	f	Isenhurst Rowers V	12:01.1	2:24.2	116.7
440	<i>Aviron Castelnaudary Joelle</i>	F	FIRT II	12:01.1	2:24.2	116.7
441	Roger Burrell	m	Free Spirits VII	12:12.9	2:26.6	111.1
442	<i>Aviron Castelnaudary Marie F</i>	f	FIRT II	12:14.1	2:26.8	110.6
443	Kathleen Campbell	F	Fitness Matters XII	12:19.9	2:28.0	108.0
444	<i>Mabel Gigg</i>	f	Red Line Rowers V	12:20.8	2:28.2	107.6
445	<i>Aviron Castelnaudary Josyane E</i>	f	FIRT II	12:25.0	2:29.0	105.8
446	Jean Gilmore	F	Forum Flyers VIII	13:26.8	2:41.4	83.3

447 Aviron Castelnaudary Janine C	F	FIRT II	13:34.5	2:42.9	81.0
448 Vanda Horejsova	f	Team Oarsome VII	13:35.9	2:43.2	80.6
449 Hazel Whale	f	Forum Flyers VIII	14:07.8	2:49.6	71.8
450 mjpermuth	f	Age Without Limits II	14:09.0	2:49.8	71.5
451 arediar	M	Truro Goats I	1:00:00.0	12:00.0	0.9

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