

**CROSS TEAM CHALLENGE** Concept2 Forum Members

Current challenge

View

[Guidelines for entries](#)[Team Leaderboard](#)[Add or Update a Person](#)[FAQ](#)**Nov 2019 - The Alpine Waterfall**

The November challenge was chosen by CUS Bergamo

Row 1000m with 3'30" rest
Row 750m with 2'30" rest
Row 500m with 1'30 rest
Row 250m to finish

First rep from a standing start, other reps from a standing or rolling start (your choice).

Record your best time for 2500 metres (not including any rest time).

The December challenge will be chosen by Sub7 IRC.
See [C2 forum thread](#) for details.

Most Recent Entries

Date	Name	Cat	Team	Result
2019-12-01	Willy RLR	MHWT	Red Line Rowers	10:37.4
2019-12-01	Charlie Watkins RLR	MLWT	Red Line Rowers	13:36.4
2019-12-01	Björn Lagerwall	MHWT	Nordic	8:22.1
2019-12-01	Janice Marston	FHWT	MAD	<i>10:40.4</i>
2019-12-01	Nicolas Di Giugno GA	MLWT	GARAGEATHLETE	<i>8:13.5</i>

Bold = new time; *italic* = updated time**Add/Update an Entry****Current Leaderboard***Names in blue italics have added or updated their times within the past 24 hours.*

#	Name	Cat	Team	Result	Pace	Power	
1	Olli Zeidler	M	MAD I	6:58.2	1:23.6	598.2	1 MAD I
2	Jason Marshall	M	GARAGEATHLETE I	7:07.5	1:25.5	560.0	Olli Zeidler (H) Graham Benton (H) Seb Devereux (H)
3	Graham Benton	M	MAD I	7:12.8	1:26.6	539.7	71 pts
4	Paul Marcy	M	Sub 7 I	7:16.8	1:27.4	525.0	2 Sub 7 I
5	Seb Devereux	M	MAD I	7:17.6	1:27.5	522.1	Paul Marcy (H) <i>Isaiah Harrison</i> (H) Lee Gornall S7 (H)
6	<i>Isaiah Harrison</i>	M	Sub 7 I	7:21.3	1:28.3	509.1	70 pts
7	Justin Farina	M	GARAGEATHLETE I	7:23.2	1:28.6	502.5	3 GARAGEATHLETE I
8	ESPRIT - Oli Gray	M	ESPRIT I	7:28.0	1:29.6	486.6	Jason Marshall (H) Justin Farina (H) <i>Jonathan Burns</i> (H)
9	Benjamin Reuter	M	Team Oarsome I	7:29.8	1:30.0	480.8	4 MAD II
10	Andy Benko	M	Paddy Power I	7:30.3	1:30.1	479.2	Dave Marshall (H) Ertan (H) Tony Larkman (H)
11	Vaclav Zitta	M	BW Rowing I	7:30.7	1:30.1	477.9	69 pts
12	Dave Marshall	M	MAD II	7:31.7	1:30.3	474.7	5 MAD II
13	ESPRIT Jakob Lyson	M	ESPRIT I	7:33.9	1:30.8	467.8	Dave Marshall (H) Ertan (H) Tony Larkman (H)
14	Ertan	M	MAD II	7:34.3	1:30.9	466.6	6 Fitness Matters I
15	Tony Larkman	M	MAD II	7:34.7	1:30.9	465.4	Tobias Stohr FM (H) Ian Cowley FM (H) Paul Lloyd FM (H)
16	Danny Graham	M	Team Oarsome I	7:37.0	1:31.4	458.4	67 pts
17	Lee Gornall S7	M	Sub 7 I	7:37.7	1:31.5	456.3	7 Fitness Matters I
18	Tobias Stohr FM	M	Fitness Matters I	7:38.2	1:31.6	454.8	Tobias Stohr FM (H) Ian Cowley FM (H) Paul Lloyd FM (H)
19	Simon Jones	M	MAD III	7:38.3	1:31.7	454.5	8 ESPRIT I
20	Houston Reyes	M	MAD III	7:38.9	1:31.8	452.7	ESPRIT - Oli Gray (H) ESPRIT Jakob Lyson (H) ESPRIT Joe Lustig (H)
21	Simon Handley	M	MAD III	7:40.1	1:32.0	449.2	66 pts
22	Matt Dickie	M	Sub 7 II	7:40.4	1:32.1	448.3	9 Sub 7 II
23	Lee Gornall SkiErg	M	Ski Erg I	7:40.4	1:32.1	448.3	Matt Dickie (H) Warren Matthews (H) Mark Fountaine (H)
24	<i>Lewin2</i>	M	RowPro Rowers I	7:43.0	1:32.6	440.8	65 pts
25	<i>Jonathan Burns</i>	M	GARAGEATHLETE I	7:43.7	1:32.7	438.8	10 Team Oarsome I
26	PR_SAV	M	Team Oarsome I	7:44.0	1:32.8	437.9	Benjamin Reuter (H) Danny Graham (H) PR_SAV (H)
27	Ian Cowley FM	M	Fitness Matters I	7:44.7	1:32.9	436.0	64 pts
28	j.d	M	MAD IV	7:44.7	1:32.9	436.0	11 Sub 7 III
29	Roy Jones	M	MAD IV	7:44.7	1:32.9	436.0	Martin Evans (H) Matt Eades (H) Ole Kristian Karlsen (H)
30	Russell Carter	M	MAD IV	7:45.0	1:33.0	435.1	63 pts
31	Jurgen Whitehouse	M	Team Oarsome II	7:45.5	1:33.1	433.7	12 Sub 7 IV
32	macroth	M	Forum Flyers I	7:46.8	1:33.4	430.1	Casey Clarke (H) Richard Cheeseman (H) Harry Wilkes (H)
33	Tim Male	m	MAD I	7:47.6	1:33.5	427.9	62 pts
34	Warren Matthews	M	Sub 7 II	7:49.5	1:33.9	422.7	13 Fitness Matters II
35	Paul Brew	M	Plymouth RC I	7:52.6	1:34.5	414.5	Pawel Matenko (H) BlanksbyFM (H) Steven Gaunt FM (H)
36	AAPaul Buchanan	M	Paddy Power I	7:52.9	1:34.6	413.7	61 pts
37	Mark Fountaine	M	Sub 7 II	7:52.9	1:34.6	413.7	14 MAD III
38	Keith Darby	m	Red Line Rowers I	7:53.0	1:34.6	413.4	Simon Jones (H) Houston Reyes (H) Simon Handley (H)
39	Keith Thompson	M	Team Oarsome II	7:53.3	1:34.7	412.6	60 pts
40	Paul Lloyd FM	M	Fitness Matters I	7:53.4	1:34.7	412.4	15 Sub 7 V
41	Tim Jones	M	MAD V	7:53.9	1:34.8	411.1	Henning Schnell (H) Mark Powell (H) Ian Wilde (H)
42	Martin Evans	M	Sub 7 III	7:54.0	1:34.8	410.8	59 pts
43	Pawel Matenko	M	Fitness Matters II	7:54.1	1:34.8	410.6	16 Red Line Rowers I
44	BlanksbyFM	M	Fitness Matters II	7:54.2	1:34.8	410.3	David Sands (H) Liam McKinney (H) Keith Darby (L)
45	Matt Eades	M	Sub 7 III	7:55.3	1:35.1	407.5	58 pts
46	Jon Melson	M	DLC Gidea Park I	7:55.9	1:35.2	405.9	17 Ski Erg I
47	Steven Gaunt FM	M	Fitness Matters II	7:55.9	1:35.2	405.9	Lee Gornall SkiErg (H) Blanksby ski (H) Casey Clarke SkiErg (H)
48	ESPRIT Joe Lustig	M	ESPRIT I	7:56.3	1:35.3	404.9	57 pts
49	Ole Kristian Karlsen	M	Sub 7 III	7:57.0	1:35.4	403.1	18 GARAGEATHLETE II
50	James Hayter	M	Free Spirits I	7:57.2	1:35.4	402.6	Stuart SMITHSON (H) Joe Vidler (H) bensid71 (H)
51	Jack Montgomery	M	Fitness Matters III	7:57.4	1:35.5	402.1	56 pts
52	Jamie Sanders	M	Gig Rowers IRC I	7:57.5	1:35.5	401.8	19 Free Spirits I
53	Casey Clarke	M	Sub 7 IV	7:58.3	1:35.7	399.8	James Hayter (H)
54	Stuart SMITHSON	M	GARAGEATHLETE II	7:58.5	1:35.7	399.3	55 pts
55	Richard Cheeseman	M	Sub 7 IV	7:59.7	1:35.9	396.3	
56	Schnitzel Von Crumm	M	Independent I	8:00.0	1:36.0	395.6	
57	Luke Meldon	M	Fitness Matters III	8:01.9	1:36.4	390.9	
58	Harry Wilkes	M	Sub 7 IV	8:02.4	1:36.5	389.7	
59	Henning Schnell	M	Sub 7 V	8:02.8	1:36.6	388.8	
60	Dan Torgerson	M	KCF I	8:03.4	1:36.7	387.3	
61	Haig McNaughton	M	Isenhurst Rowers I	8:04.1	1:36.8	385.6	
62	Pete Marston	M	MAD V	8:04.2	1:36.8	385.4	

360	Giulia Tirletti	F	The Italian Team I	10:02.2	2:00.4	200.3
361	Dan French TR	M	#TokyoRow II	10:05.2	2:01.0	197.4
362	Tom Haig	M	Gee Crew III	10:07.0	2:01.4	195.6
363	Ski Rachel Harris	F	Ski Erg II	10:07.0	2:01.4	195.6
364	Evie Evison	F	Gee Crew II	10:07.0	2:01.4	195.6
365	Annette Edwards	F	Team Oarsome II	10:07.8	2:01.6	194.8
366	Nia Bryant	F	Red Line Rowers II	10:08.9	2:01.8	193.8
367	Zoe Mildon	f	Plymouth RC I	10:09.1	2:01.8	193.6
368	Corinne Cook	f	Forum Flyers II	10:10.0	2:02.0	192.7
369	Claude-de-N	m	Fitness Matters IX	10:10.1	2:02.0	192.7
370	Rina Dunn	F	Red Line Rowers III	10:10.4	2:02.1	192.4
371	FREELANCE MN AD MASTRACCHIO MARCO	M	ROWING CLUB MANTOVA II	10:11.8	2:02.4	191.1
372	CassieNRC	F	#TokyoRow II	10:14.7	2:02.9	188.4
373	Mick Bennetts	m	Gee Crew III	10:16.3	2:03.3	186.9
374	Damian Baker	M	Once We Were Tribesports II	10:16.6	2:03.3	186.6
375	Eddie McSharry SkiErg	M	Ski Erg III	10:18.2	2:03.6	185.2
376	Veronique Gillet	F	The Italian Team I	10:19.4	2:03.9	184.1
377	Gesualdi Alessandra	F	The Italian Team II	10:19.5	2:03.9	184.0
378	Tim Sherriff	M	Gee Crew III	10:21.6	2:04.3	182.2
379	FREELANCE BG ZAMBETTI LUIGI	M	CUS Bergamo I	10:22.3	2:04.5	181.5
380	Philip Price	m	Free Spirits V	10:22.6	2:04.5	181.3
381	FREELANCE BG SONIA UBBIALI	F	CUS Bergamo II	10:23.2	2:04.6	180.8
382	ESPRIT Cristiane Horst	F	ESPRIT III	10:23.3	2:04.7	180.7
383	AMNW Mark Turner	M	Mercian Nordic Walking I	10:23.8	2:04.8	180.2
384	Tony Lorrimer	m	Gee Crew IV	10:25.1	2:05.0	179.1
385	Graham Woodley	M	Forum Flyers VI	10:25.7	2:05.1	178.6
386	Susan Young LWT	f	Sub 7 X	10:26.2	2:05.2	178.2
387	Jackie Hicks	F	Independent I	10:30.1	2:06.0	174.9
388	FREELANCE MN AD CHIABERGE GIORGIO	M	ROWING CLUB MANTOVA II	10:31.4	2:06.3	173.8
389	Magda Poland	F	Gee Crew III	10:32.9	2:06.6	172.6
390	ObeseManRowing	M	#TokyoRow II	10:33.2	2:06.6	172.3
391	Louise Allcock	f	Free Spirits II	10:33.3	2:06.7	172.2
392	Giorgia Grosso	f	Nordic I	10:34.2	2:06.8	171.5
393	Sue Baldock	f	Isenhurst Rowers IV	10:37.4	2:07.5	168.9
394	Willy RLR	M	Red Line Rowers V	10:37.4	2:07.5	168.9
395	Nicky White	f	Gee Crew IV	10:37.7	2:07.5	168.7
396	Janice Marston	F	MAD IV	10:40.4	2:08.1	166.6
397	Jack Gilmore	m	Forum Flyers V	10:40.9	2:08.2	166.2
398	Rob Drury	m	Empty the Tanks I	10:41.8	2:08.4	165.5
399	Ian Nimmo	m	Gee Crew IV	10:43.1	2:08.6	164.5
400	Jay Boyce	M	Fitness Matters IX	10:45.2	2:09.0	162.9
401	Lesley Duffy	F	Free Spirits III	10:46.7	2:09.3	161.8
402	Morris Butchart	m	Fitness Matters X	10:48.9	2:09.8	160.1
403	Carol Alker	f	Fitness Matters VII	10:50.1	2:10.0	159.2
404	Gel Forder	f	Diamonds I	10:53.7	2:10.7	156.6
405	Barbara H	F	Free Spirits IV	10:54.3	2:10.9	156.2
406	AMNW Amanda Turner	F	Mercian Nordic Walking I	10:54.9	2:11.0	155.8
407	Estella Cascioli+	f	The Italian Team II	10:56.3	2:11.3	154.8
408	Rachel Riley	F	Isenhurst Rowers V	10:56.7	2:11.3	154.5
409	Emma Bussey	F	Isenhurst Rowers V	10:56.8	2:11.4	154.4
410	Candida B	f	Once We Were Tribesports I	10:57.4	2:11.5	154.0
411	Michelle Houghton	F	Free Spirits V	11:00.8	2:12.2	151.6
412	FREELANCE MN AD DALLA BELLA LUCA	m	ROWING CLUB MANTOVA III	11:03.1	2:12.6	150.1
413	Susie Harley	f	Fitness Matters VIII	11:04.0	2:12.8	149.4
414	AMNW Sue Turner	F	Mercian Nordic Walking I	11:05.2	2:13.0	148.6
415	FREELANCE MN BARUFFALDI TIZIANA	f	ROWING CLUB MANTOVA II	11:05.2	2:13.0	148.6
416	Penny Powell S7	f	Sub 7 XI	11:06.4	2:13.3	147.8
417	Sabrina Micheletti	F	The Italian Team II	11:07.7	2:13.5	147.0
418	ScullingGirl TR	f	#TokyoRow II	11:11.0	2:14.2	144.8
419	Sara Smith	f	Gee Crew IV	11:12.1	2:14.4	144.1
420	Fleur Blanford	f	Isenhurst Rowers V	11:12.2	2:14.4	144.0
421	Dougie (RLR)	M	Red Line Rowers V	11:12.9	2:14.6	143.6
422	AMNW Helen Furniss	F	Mercian Nordic Walking II	11:14.9	2:15.0	142.3
423	Janet Lawton	F	Free Spirits VI	11:15.9	2:15.2	141.7
424	Karen Short	f	Gee Crew IV	11:18.6	2:15.7	140.0
425	Logan McSharry	m	Sub 7 XIII	11:19.4	2:15.9	139.5
426	Rose Metalli	f	#TokyoRow III	11:23.9	2:16.8	136.8
427	Carol Atwood	F	Forum Flyers III	11:24.1	2:16.8	136.7
428	Lesley Amos FM	F	Fitness Matters IX	11:25.3	2:17.1	135.9
429	FREELANCE MN AD GUZZO GIORGIA	F	ROWING CLUB MANTOVA III	11:30.0	2:18.0	133.2
430	clareburrell	f	Free Spirits VI	11:42.1	2:20.4	126.4
431	Chris Clarke	f	Isenhurst Rowers V	11:43.2	2:20.6	125.8
432	diana kornbrot	F	Sub 7 XII	11:45.8	2:21.2	124.4
433	Rebecca Learman	F	Sub 7 XIII	11:51.0	2:22.2	121.7
434	Roger Burrell	m	Free Spirits VI	11:53.3	2:22.7	120.5
435	Heather Powell	f	Sub 7 XIV	11:57.6	2:23.5	118.4
436	AMNW Kathy Townsend	F	Mercian Nordic Walking II	12:02.5	2:24.5	116.0
437	AMNW Marguerite Drew	f	Mercian Nordic Walking I	12:05.2	2:25.0	114.7
438	Maria Luisa Contenta	F	The Italian Team II	12:10.5	2:26.1	112.2
439	AMNW Corinne White	F	Mercian Nordic Walking II	12:34.4	2:30.9	101.9
440	Debora Monduzzini	F	The Italian Team II	12:41.1	2:32.2	99.2
441	Patrizia Fiorentini	f	The Italian Team III	12:52.0	2:34.4	95.1
442	Gaynor Johnson	F	Red Line Rowers IV	12:57.0	2:35.4	93.3
443	AMNW Helen Chambers	f	Mercian Nordic Walking II	12:59.6	2:35.9	92.3
444	Shelagh Allen	F	Sub 7 XIV	13:08.4	2:37.7	89.3
445	Kathleen Campbell	F	Fitness Matters X	13:20.6	2:40.1	85.3
446	Charlie Watkins RLR	m	Red Line Rowers V	13:36.4	2:43.3	80.4
447	Jean Gilmore	F	Forum Flyers IV	13:54.7	2:46.9	75.2
448	mjpermuth	f	Age Without Limits I	14:31.2	2:54.2	66.2
449	Lisa Watkins RLR	f	Red Line Rowers V	17:04.3	3:24.9	40.7
450	MIRALLES Gabriel	M	FIRT III	28:00.0	5:36.0	9.2

103	Chris Clarke (L) Rachel Riley (F)	ROWING CLUB MANTOVA III FREELANCE MN AD DALLA BELLA LUCA (L) FREELANCE MN AD GUZZO GIORGIA (F)
104	Jean-Marc Hurni (H) Steve Motzny (H) mjpermuth (L)	Age Without Limits I
105	Rose Metalli (L)	#TokyoRow III
106	Roger Burrell (L) clareburrell (L) Janet Lawton (F)	Free Spirits VI
107	Morris Butchart (L) Kathleen Campbell (F)	Fitness Matters X
108	AMNW Helen Chambers (L) AMNW Helen Furniss (F) AMNW Kathy Townsend (F)	Mercian Nordic Walking II
109	Heather Powell (L) Shelagh Allen (F)	Sub 7 XIV
110	Patrizia Fiorentini (L)	The Italian Team III
111	Christophe REYNIER - St Gilles -30- (H) MIRALLES Gabriel (H) herve pruneau (L)	FIRT III

AMNW Corinne White (F)

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Site written by Daren Chandisingh. Please post any problems on the UK Concept 2 forum.

