



CROSS TEAM CHALLENGE Concept2 Forum Members

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Apr 2016 - The Tom Robinson Band Challenge

This challenge was chosen by the C2TweetCrew

Row 2 minutes, rest for 1 minute
 Row for 4 minutes (from a rolling start), rest for 1 minute 30 seconds
 Row for 6 minutes (from a rolling start), rest for 2 minutes
 Row for 8 minutes (from a rolling start)

The first rep from a standing start the others should be rolling starts.

Record the distance rowed for 20 minutes (not including any resting metres).

The May challenge will be chosen by SUB7.

See the [ISS forum thread](#) for details.

Most Recent Entries

Date	Name	Cat	Team	Result
2016-05-01	Simon Stubbs	MLWT	Red Line Rowers	<i>5141</i>
2016-05-01	Jonathan Davis	MHWT	Free Spirits	5736
2016-05-01	Simon Thomas	MHWT	Sub 7	5265
2016-05-01	Julie Paillin	FLWT	Red Line Rowers	4640
2016-05-01	John Davies	MHWT	Sub 7	5170

Bold = new time; *italic* = updated time

Add/Update an Entry

Current Leaderboard

Names in blue italics have added or updated their times within the past 24 hours.

#	Name	Cat	Team	Result	Pace	Power				
1	Sam Blythe	M	Fitness Matters I	6287	1:35.4	402.7	1	Fitness Matters I	596	
2	Andy Benko	M	Paddy Power I	6203	1:36.7	386.7		Sam Blythe (H) Kem Weihe FM (H) Jon Nonklett FM (H)	Danjai Martin Hofgaard FM (L) Inga Weihe FM (F)	
3	Kem Weihe FM	M	Fitness Matters I	6195	1:36.9	385.2	78 pts			
4	Jon Nonklett FM	M	Fitness Matters I	6188	1:37.0	383.9				
5	Luke Wollenschlaeger	M	Paddy Power I	6174	1:37.2	381.3		2	Sub 7 I	
6	Chris chapman	M	Fitness Matters II	6154	1:37.5	377.6			Dan Stanley (H) Brett Steels (H) Pavel Shurmei (H)	Alastair Peake (L) Samantha Briggs (F)
7	Dan Stanley	M	Sub 7 I	6152	1:37.5	377.3	77 pts			
8	Brett Steels	M	Sub 7 I	6127	1:37.9	372.7				
9	Pavel Shurmei	M	Sub 7 I	6113	1:38.2	370.1		3	Fitness Matters II	
10	Lee Bawn FM	M	Fitness Matters II	6079	1:38.7	364.0			Chris chapman (H) Lee Bawn FM (H) Charles Green FM (H)	Bogi Olsen FM (L) Claire Sowerby FM (F)
11	Charles Green FM	M	Fitness Matters II	6064	1:38.9	361.3	76 pts			
12	Chris Kemp	M	Paddy Power I	6030	1:39.5	355.3				
13	Taylor Brown	M	Paddy Power II	6018	1:39.7	353.2		4	Paddy Power I	
14	1 Ross Love	M	Fitness Matters III	6011	1:39.8	351.9			Andy Benko (H) Luke Wollenschlaeger (H) Chris Kemp (H)	Paul Timmons (L) Lucy OB (F)
15	Rich Blagrove	M	MAD I	6010	1:39.8	351.8	75 pts			
16	EricL	M	FIRT I	5984	1:40.3	347.2				
17	Danjai Martin Hofgaard FM	m	Fitness Matters I	5975	1:40.4	345.6		5	Fitness Matters III	
18	AAPaul Buchanan	M	Paddy Power II	5953	1:40.8	341.8			1 Ross Love (H) Ole Bahlmann FM (H) 11Thomas Hansen (H)	Simon Stone FM (L) Victoria Taylor FM (F)
19	Kevin Connolly	M	Sub 7 II	5944	1:40.9	340.3	74 pts			
20	Ole Bahlmann FM	M	Fitness Matters III	5931	1:41.2	338.1				
21	11Thomas Hansen	M	Fitness Matters III	5915	1:41.4	335.3		6	Sub 7 II	
22	35RowdyFM	M	Fitness Matters IV	5905	1:41.6	333.6	73 pts		Kevin Connolly (H) Scott Pollock (H) Warren Matthews (H)	Alfred Okello (L) Sarita Kristina Hansen (F)
23	Scott Pollock	M	Sub 7 II	5905	1:41.6	333.6				
24	Lloyd Gilby SE	M	Ski Erg I	5897	1:41.7	332.3		7	MAD I	
25	Warren Matthews	M	Sub 7 II	5894	1:41.8	331.8	72 pts		Rich Blagrove (H) Pete Marston (H) Simon Handley (H)	Kieran Cahill (L) anna lwt mumma (F)
26	Tobias Stoehr	M	Fitness Matters IV	5888	1:41.9	330.8				
27	Shane Kingsland	M	Fitness Matters IV	5879	1:42.1	329.2				
28	Al Nisbet	M	ESPRIT I	5878	1:42.1	329.1		8	Team Oarsome I	
29	Arwed Egger	m	RowPro Rowers I	5869	1:42.2	327.6			Danny Graham (H) PR_SAV (H) Dave Chmilkowskyj (H)	Gregory Cook II (L) Hannah Hawkins (F)
30	Hameed Mourani FM	M	Fitness Matters V	5864	1:42.3	326.7	71 pts			
31	Alastair Peake	m	Sub 7 I	5862	1:42.4	326.4				
32	Liefcat	M	Free Spirits I	5855	1:42.5	325.2		9	RowPro Rowers I	
33	Alfred Okello	m	Sub 7 II	5841	1:42.7	322.9	70 pts		Stewart Wyllie (H) Bjorn Stensheim (H) Bjorn Tore Lodding (H)	Arwed Egger (L) Jordan Falcone (F)
34	Jens Kristian Dam	m	Sub 7 III	5826	1:43.0	320.4				
35	hjs	M	Forum Flyers I	5825	1:43.0	320.3				
36	Stewart Wyllie	M	RowPro Rowers I	5823	1:43.0	319.9		10	Fitness Matters IV	
37	Jeff Julian	M	Forum Flyers I	5819	1:43.1	319.3	69 pts		35RowdyFM (H) Tobias Stoehr (H) Shane Kingsland (H)	Chris Kelly (L) Sarah Gibbs FM (F)
38	Danny Graham	M	Team Oarsome I	5816	1:43.2	318.8				
39	Bjorn Stensheim	M	RowPro Rowers I	5809	1:43.3	317.6				
40	Julien ADAN	M	FIRT I	5806	1:43.3	317.1		11	Sub 7 III	
41	Richard Cheeseman	M	Sub 7 III	5805	1:43.4	317.0	68 pts		Richard Cheeseman (H) David McLeod (H) Martin Evans (H)	Jens Kristian Dam (L) O Hayley Knowles (F)
42	Gary F Curtis	M	Fitness Matters V	5800	1:43.4	316.2				
43	Mark Roberson FM	M	Fitness Matters V	5796	1:43.5	315.5				
44	Jeff Gay	M	Paddy Power II	5795	1:43.5	315.3		12	Free Spirits I	
45	PR_SAV	M	Team Oarsome I	5794	1:43.6	315.2	67 pts		Liefcat (H) haaico (H) Felton Humble (H)	John Steventon (L) Barbara H (F)
46	Bogi Olsen FM	m	Fitness Matters II	5783	1:43.8	313.4				
47	David McLeod	M	Sub 7 III	5783	1:43.8	313.4				
48	Martin Evans	M	Sub 7 III	5782	1:43.8	313.2	66 pts		Alex Doidge (H) Sean Gaffney (H) Harry Wilkes (H)	Bergur Jensen (L) Rhian Bowen (F)
49	haaico	M	Free Spirits I	5781	1:43.8	313.1				
50	Felton Humble	M	Free Spirits I	5780	1:43.8	312.9				
51	Gregory Cook II	m	Team Oarsome I	5780	1:43.8	312.9		14	Paddy Power II	
52	Pete Marston	M	MAD I	5774	1:43.9	311.9	65 pts		Taylor Brown (H) AAPaul Buchanan (H) Jeff Gay (H)	Joe A Keating (L) Helen Burchill (F)
53	Simon Stone FM	m	Fitness Matters III	5773	1:43.9	311.8				
54	BlanksbyFM	M	Fitness Matters VI	5756	1:44.2	309.0				
55	Simon Handley	M	MAD I	5755	1:44.3	308.9				
56	Jonathan Davis	M	Free Spirits II	5736	1:44.6	305.8		15	FIRT I	
57	Bjorn Tore Lodding ski	M	Ski Erg I	5734	1:44.6	305.5	64 pts		EricL (H) Julien ADAN (H) Remy Coubel (H)	patrice CORNUT (L) Clemence Coustalat (F)
58	Alex Doidge	M	Sub 7 IV	5730	1:44.7	304.8				
59	Sean Gaffney	M	Sub 7 IV	5730	1:44.7	304.8	63 pts		16	Fitness Matters V
									Hameed Mourani FM (H) Gary F Curtis (H) Mark Roberson FM (H)	Per-Arne Syvertsen (L) Lizzy Smith (F)

354	Alex d'Arcy	M	The Sprint Group I	4762	2:06.0	175.0
355	Caleb Evans	M	Red Line Rowers V	4756	2:06.2	174.3
356	Laura Fairbairn	F	Free Spirits III	4756	2:06.2	174.3
357	Jack Gilmore	m	Forum Flyers VIII	4749	2:06.3	173.5
358	Cathy Lowe Rimov	F	Sub 7 XII	4743	2:06.5	172.9
359	Bluebell31	F	Sub 7 XIII	4737	2:06.7	172.2
360	Anne Slowski	F	Ski Erg I	4734	2:06.7	171.9
361	Jessikahuny	F	Paddy Power III	4726	2:07.0	171.0
362	Zoe Barnes	F	Sub 7 XIV	4721	2:07.1	170.5
363	Ruud Jackel	M	RowPro Rowers IV	4719	2:07.1	170.3
364	Cat Trentham	f	Sub 7 XIV	4699	2:07.7	168.1
365	Laurence LOPEZ	F	FIRT II	4689	2:08.0	167.1
366	Brian Fry	M	Age Without Limits II	4688	2:08.0	166.9
367	Loretta Attey	f	Tribesports II	4682	2:08.2	166.3
368	Annette Wammen	f	RowPro Rowers II	4679	2:08.2	166.0
369	Leah Sill	f	Sub 7 XV	4665	2:08.6	164.5
370	Debbie Meek	f	Gee Crew I	4664	2:08.6	164.4
371	Susan Young	F	Sub 7 XV	4660	2:08.8	164.0
372	Chet Cressman	M	Sub 7 XV	4654	2:08.9	163.3
373	stacy studley	M	Fitness Matters XVI	4653	2:08.9	163.2
374	Richard Courtney	m	DLC Gidea Park II	4646	2:09.1	162.5
375	Lori Lindahl	F	Fitness Matters X	4642	2:09.3	162.1
376	Amy Stewart	F	DLC Gidea Park I	4642	2:09.3	162.1
377	Caroline Champion	F	Sub 7 XV	4641	2:09.3	162.0
378	Julie Paillin	f	Red Line Rowers IV	4640	2:09.3	161.9
379	Godfrey Tarling	M	Sub 7 XV	4638	2:09.4	161.7
380	Jackie Hicks	F	Independent I	4637	2:09.4	161.6
381	Howard Brammer ski	M	Ski Erg III	4632	2:09.5	161.0
382	gary la mouette USV	M	FIRT VI	4626	2:09.7	160.4
383	Lee Crawford	F	Sub 7 XVI	4623	2:09.8	160.1
384	Rita Rislej	f	Gee Crew II	4622	2:09.8	160.0
385	Claire Trembley	f	Penobscot River IRC I	4621	2:09.8	159.9
386	clareburrell	f	Free Spirits IV	4613	2:10.1	159.1
387	Barbara C FM	F	Fitness Matters XI	4603	2:10.3	158.0
388	Rose Metalli	f	Fitness Matters XII	4596	2:10.5	157.3
389	FREELANCE MN SPEGGIORIN ORNELLA	f	ROWING CLUB MANTOVA I	4588	2:10.8	156.5
390	Kathy Schofield	F	Forum Flyers III	4587	2:10.8	156.4
391	Donna T	F	The Sprint Group I	4585	2:10.9	156.2
392	Georgina Price	F	Forum Flyers IV	4577	2:11.1	155.4
393	Claire Milne	F	DLC Gidea Park II	4553	2:11.8	152.9
394	1 Sankaman	m	Fitness Matters XII	4530	2:12.5	150.6
395	e-Clair	M	Free Spirits VII	4524	2:12.6	150.0
396	louisa NAFATTI	F	FIRT III	4520	2:12.7	149.6
397	Cherie Christopherson	F	Penobscot River IRC I	4514	2:12.9	149.0
398	Anna-Therese Pollock	F	Sub 7 XVI	4508	2:13.1	148.4
399	Kay Hughes	F	Team Oarsome II	4503	2:13.2	148.0
400	Maurice Buhot	M	FIRT VII	4492	2:13.6	146.9
401	Richard Underwood	M	Free Spirits VII	4486	2:13.7	146.3
402	FREELANCE MN CAVINATO MAURO	M	ROWING CLUB MANTOVA II	4482	2:13.9	145.9
403	Stuart Thorp	M	Fitness Matters XVI	4474	2:14.1	145.1
404	Matilda Walpole FM	F	Fitness Matters XIII	4466	2:14.3	144.3
405	joW FF	F	Forum Flyers V	4463	2:14.4	144.0
406	Candida B	f	Tribesports II	4460	2:14.5	143.8
407	Andrew Stanway	M	Free Spirits VIII	4451	2:14.8	142.9
408	Kirstin Esau	F	Free Spirits V	4451	2:14.8	142.9
409	Nadine Coudroy	F	FIRT IV	4448	2:14.9	142.6
410	emilie DELANNOY	f	FIRT V	4414	2:15.9	139.4
411	Paul Atherton	M	C2TweetCrew III	4407	2:16.1	138.7
412	Marie Pourcharesse	F	FIRT VI	4406	2:16.2	138.6
413	MilesS	M	Forum Flyers VIII	4395	2:16.5	137.6
414	Amanda Hyatt	F	Red Line Rowers V	4391	2:16.6	137.2
415	MrsHill Billy	F	Fitness Matters XIV	4372	2:17.2	135.4
416	Chris Southam	M	C2TweetCrew IV	4366	2:17.4	134.9
417	Cynthia Runia	F	Age Without Limits I	4348	2:18.0	133.2
418	Liz Gent	F	Ski Erg II	4339	2:18.3	132.4
419	Roger Burrell	m	Free Spirits VII	4338	2:18.3	132.3
420	Kerri Christensen	F	Sub 7 XVI	4318	2:19.0	130.5
421	Dave Carriere	m	Free Spirits VIII	4302	2:19.5	129.0
422	Sue Marks	F	Paddy Power IV	4272	2:20.4	126.3
423	DavidHolmberg	m	Free Spirits VIII	4271	2:20.5	126.2
424	Odile RIOUX	F	FIRT VII	4266	2:20.6	125.8
425	Dougie (RLR)	M	Red Line Rowers V	4260	2:20.8	125.3
426	Karla Poppleton	F	Taff Attack I	4233	2:21.7	122.9
427	Caroline Joynson	f	Empty the Tanks I	4228	2:21.9	122.5
428	Michelle Houghton	F	Free Spirits VI	4227	2:21.9	122.4
429	diana kornbrot	F	Sub 7 XVI	4216	2:22.3	121.4
430	FREELANCE MN MIGLIORINI ALESSANDRA	F	ROWING CLUB MANTOVA II	4208	2:22.6	120.7
431	Fiona S	F	Forum Flyers VI	4200	2:22.9	120.1
432	Steph FF	F	Forum Flyers VII	4173	2:23.8	117.7
433	jean cavailles	M	FIRT VII	4173	2:23.8	117.7
434	Penny Bates	f	Sub 7 XVI	4145	2:24.8	115.4
435	Jill Underwood	F	Free Spirits VII	4141	2:24.9	115.1
436	Shelagh Allen	F	Sub 7 XVII	4139	2:25.0	114.9
437	Heather Powell	f	Sub 7 XVII	4132	2:25.2	114.3
438	Sara Lochrie	F	Sub 7 XVII	4088	2:26.8	110.7
439	Amanda Gurley	F	Sub 7 XVII	4071	2:27.4	109.3
440	FREELANCE MN DEGLI ESPOSTI SONIA	F	ROWING CLUB MANTOVA II	4027	2:29.0	105.8
441	Arno Calonijs	m	Forum Flyers IX	4010	2:29.6	104.5
442	rebr	F	Tribesports III	4007	2:29.7	104.2
443	kerry williams	f	Fitness Matters XIII	3967	2:31.2	101.2
444	FREELANCE MN COMOLA ANNA	F	ROWING CLUB MANTOVA II	3954	2:31.7	100.2
445	Demi Warrick	f	Fitness Matters XIV	3940	2:32.3	99.1
446	Amy Warrick	f	Fitness Matters XV	3891	2:34.2	95.5
447	Nadine Boles	F	Red Line Rowers VI	3774	2:39.0	87.1
448	Charley Gallagher	f	Fitness Matters XV	3765	2:39.4	86.5
449	87 years old but not cold	M	The Sprint Group I	3529	2:50.0	71.2
450	Jean Gilmore	F	Forum Flyers VIII	3471	2:52.9	67.8
451	mjpermuth	f	Age Without Limits I	3443	2:54.3	66.1

99	ROWING CLUB MANTOVA II	416
	FREELANCE MN CAVINATO MAURO (H) FREELANCE MN MIGLIORINI ALESSANDRA (F) FREELANCE MN DEGLI ESPOSTI SONIA (F)	FREELANCE MN COMOLA ANNA (F)
100	Free Spirits VIII	4
	Andrew Stanway (H) Dave Carriere (L) DavidHolmberg (L)	Gillian Burrell (F)
101	Sub 7 XVII	410
	Heather Powell (L) Shelagh Allen (F) Sara Lochrie (F)	Amanda Gurley (F)
102	Forum Flyers IX	4
	Arno Calonijs (L)	
103	Tribesports III	4
	rebr (F)	
104	C2TweetCrew IV	383
	Chris Southam (H) Luke Thorp (L)	
105	Red Line Rowers VI	3
	Nadine Boles (F)	

452 Gillian Burrell	f	Free Spirits VIII	3412	2:55.8	64.4
453 Janet Smith	f	C2TweetCrew III	3335	2:59.9	60.1
454 Luke Thorp	m	C2TweetCrew IV	3309	3:01.3	58.7
455 Frankie Studley	f	Fitness Matters XVI	2897	3:27.1	39.4
456 Jess Withers	f	Fitness Matters XVI	2872	3:28.9	38.4

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Site written by Daren Chandisingh. Please post any problems on the UK Concept 2 forum.

