



## CROSS TEAM CHALLENGE Concept2 Forum Members

Current challenge

View

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### Apr 2015 - The SUB7 300m Sandwich

This challenge was chosen by Sub7

Row 1k - 300m - 300m - 300m - 1k / 2 minutes rest between each rep.

The first rep from a standing start, the others as you like.

Record the total time for 3200 metres not including any rest time.

There are no stroke rate restrictions on this challenge.

The May challenge will be chosen by Banana Boat

See the [ISS forum thread](#) for details.

#### Most Recent Entries

Date	Name	Cat	Team	Result
2015-05-01	BradT2 FF	MLWT	Forum Flyers	<b>11:48.6</b>
2015-05-01	FREELANCE MN NASI PIERGIORGIO	MLWT	ROWING CLUB MANTOVA	<i>12:18.4</i>
2015-05-01	FREELANCE MN DEGLI ESPOSTI SONIA	FHWT	ROWING CLUB MANTOVA	<b>16:04.0</b>
2015-05-01	FREELANCE MN COMOLA ANNA	FHWT	ROWING CLUB MANTOVA	<b>19:01.0</b>
2015-05-01	FREELANCE MN CASALI NICOLETTA	FLWT	ROWING CLUB MANTOVA	<b>12:55.0</b>

**Bold** = new time; *italic* = updated time

#### Add/Update an Entry

### Current Leaderboard

Names in blue italics have added or updated their times within the past 24 hours.

#	Name	Cat	Team	Result	Pace	Power		
1	Marcos	M	FIRT I	9:21.2	1:27.7	519.1	<b>1</b>	
2	Sam Blythe	M	Fitness Matters I	9:26.0	1:28.4	506.0		Callan Lavender (H) Brett Steels (H) Matt Vanstone (H)
3	Dave Marshall	M	MAD I	9:26.1	1:28.5	505.7	85 pts	
4	Andy Benko	M	Paddy Power I	9:28.8	1:28.9	498.6		<b>Paddy Power I</b>
5	AAPaul Buchanan	M	Paddy Power I	9:33.4	1:29.6	486.7		Andy Benko (H) AAPaul Buchanan (H) noel (H)
6	noel	M	Paddy Power I	9:36.0	1:30.0	480.1	84 pts	
7	1 Ross Love	M	Fitness Matters I	9:36.8	1:30.1	478.1		<b>FIRT I</b>
8	PP Lee Bawn	M	Paddy Power II	9:38.4	1:30.4	474.2		Marcos (H) GukU (H) David LIOT (H)
9	Rich Blagrove	M	MAD I	9:42.6	1:31.0	464.0	83 pts	
10	Shane Kingsland	M	Fitness Matters I	9:43.2	1:31.1	462.5		js.kls (L) Tara (F)
11	Callan Lavender	M	Sub 7 I	9:43.4	1:31.2	462.1		
12	Brett Steels	M	Sub 7 I	9:45.3	1:31.5	457.6		<b>Fitness Matters I</b>
13	Matt Vanstone	M	Sub 7 I	9:45.3	1:31.5	457.6		Sam Blythe (H) 1 Ross Love (H) Shane Kingsland (H)
14	Lewin2	M	RowPro Rowers I	9:46.3	1:31.6	455.2	82 pts	
15	Rory Glover	M	Sub 7 II	9:46.4	1:31.6	455.0		<b>Sub 7 II</b>
16	Morgan Guthner	M	Paddy Power II	9:49.8	1:32.2	447.2		Rory Glover (H) Richard Cheeseman (H) Steve Sidaway (H)
17	hjs	M	Forum Flyers I	9:55.0	1:33.0	435.6	81 pts	
18	Lloyd Gilby	M	Fitness Matters II	9:57.0	1:33.3	431.2		<b>MAD I</b>
19	Stewart Wyllie	M	RowPro Rowers I	9:58.8	1:33.6	427.3		Dave Marshall (H) Rich Blagrove (H) Tony Larkman (H)
20	Tony Larkman	M	MAD I	10:00.1	1:33.8	424.6		<b>Paddy Power II</b>
21	Gary F Curtis	M	Fitness Matters II	10:00.6	1:33.8	423.5	80 pts	
22	1 Olly Thorne	M	MAD II	10:01.1	1:33.9	422.4		PP Lee Bawn (H) Morgan Guthner (H) Jeff Gay (H)
23	Richard Cheeseman	M	Sub 7 II	10:02.7	1:34.2	419.1		<b>RowPro Rowers I</b>
24	GukU	M	FIRT I	10:03.7	1:34.3	417.0		Lewin2 (H) Stewart Wyllie (H) Bjorn_Stensheim (H)
25	Dirk Möller	M	Forum Flyers I	10:05.5	1:34.6	413.3		<b>Sub 7 III</b>
26	Jeff Gay	M	Paddy Power II	10:05.6	1:34.6	413.1		David Scott (H) Martin Still (H) Ollie Cartwright (H)
27	Chris chapman	M	Fitness Matters II	10:05.8	1:34.7	412.7		<b>Forum Flyers I</b>
28	Jon Bone	M	Team Oarsome I	10:05.9	1:34.7	412.5	79 pts	
29	Lee Waddon	M	Fitness Matters III	10:07.5	1:34.9	409.2		<b>Sub 7 IV</b>
30	Steve Sidaway	M	Sub 7 II	10:07.7	1:35.0	408.8		Tyler Amos (H) Stewart Moss (H) Harry Wilkes (H)
31	David LIOT	M	FIRT I	10:07.7	1:35.0	408.8		<b>Team Oarsome I</b>
32	Alastair Peake	m	Sub 7 I	10:09.8	1:35.3	404.6	78 pts	
33	Dave Chmiliowskyj	m	Team Oarsome I	10:10.2	1:35.3	403.8		<b>Sub 7 III</b>
34	David Scott	M	Sub 7 III	10:10.2	1:35.3	403.8		David Scott (H) Martin Still (H) Ollie Cartwright (H)
35	EricL	M	FIRT II	10:12.3	1:35.7	399.7	77 pts	
36	Bjorn_Stensheim	M	RowPro Rowers I	10:12.6	1:35.7	399.1		<b>Free Spirits I</b>
37	Martin Still	M	Sub 7 III	10:12.9	1:35.8	398.5		hjs (H) Dirk Möller (H) macroth (H)
38	DavidHolmberg	m	Free Spirits I	10:13.0	1:35.8	398.3		<b>Sub 7 IV</b>
39	Remy Coubel	M	FIRT II	10:14.0	1:35.9	396.4		Tyler Amos (H) Stewart Moss (H) Harry Wilkes (H)
40	Liefcat	M	Free Spirits I	10:14.7	1:36.0	395.0	76 pts	
41	Pete Marston	M	MAD II	10:17.5	1:36.5	389.7		<b>Team Oarsome I</b>
42	Howard Brammer	M	Fitness Matters III	10:18.9	1:36.7	387.0		Jon Bone (H) Dave Chmiliowskyj (H) Larry Tait (H)
43	David Byrnes	m	Sub 7 II	10:20.3	1:36.9	384.4	75 pts	
44	Arwed Egger	m	RowPro Rowers I	10:20.7	1:37.0	383.7		<b>Sub 7 V</b>
45	Ollie Cartwright	M	Sub 7 III	10:20.7	1:37.0	383.7		Johnny Kolster (H) Ian Wilde (H) Glynn Powell (H)
46	js.kls	m	FIRT I	10:21.2	1:37.1	382.7	74 pts	
47	Tyler Amos	M	Sub 7 IV	10:21.3	1:37.1	382.6		<b>Free Spirits I</b>
48	R2C2	M	FIRT II	10:21.5	1:37.1	382.2		Liefcat (H) haalco (H) danfennell (H)
49	macroth	M	Forum Flyers I	10:22.1	1:37.2	381.1		<b>FIRT II</b>
50	Stewart Moss	M	Sub 7 IV	10:22.3	1:37.2	380.7		EricL (H) Remy Coubel (H)
51	Harry Wilkes	M	Sub 7 IV	10:22.6	1:37.3	380.2	73 pts	
52	Amadee Pelgrim	M	RowPro Rowers II	10:23.1	1:37.4	379.3		<b>Sub 7 V</b>
53	Ola Hultgren	M	RowPro Rowers II	10:23.5	1:37.4	378.5		Gregory Cook II (L) Hannah Hawkins (F)
54	Jens Kristian Dam	m	Sub 7 III	10:23.8	1:37.5	378.0	72 pts	
55	Johnny Kolster	M	Sub 7 V	10:23.9	1:37.5	377.8		
56	Andy Hammond	m	Sub 7 IV	10:23.9	1:37.5	377.8		
57	Ian Wilde	M	Sub 7 V	10:24.5	1:37.6	376.7	71 pts	







352 Nathanael Murdoch	m	Empty the Tanks III	12:40.2	1:58.8	208.8			
353 Emily Batchelder	F	Penobscot River IRC II	12:42.2	1:59.1	207.2			
354 Natalie Trebilcock	F	Gee Crew I	12:43.2	1:59.3	206.4			
355 Dan Davis	M	Sub 7 XXII	12:43.2	1:59.3	206.4			
356 Andrew Stanway	M	Free Spirits VIII	12:44.1	1:59.4	205.7			
357 Barbara H	F	Free Spirits III	12:44.2	1:59.4	205.6			
358 Little Chris	m	The Banana Boat I	12:45.6	1:59.6	204.5			
359 Claire Milne	F	DLC Gidea Park I	12:46.9	1:59.8	203.4			
360 Kelly Sapsford	f	MAD II	12:48.0	2:00.0	202.5			
361 Lehuger christian	m	FIRT XIII	12:48.5	2:00.1	202.2			
362 Sarah Doyle PP	f	Paddy Power V	12:49.1	2:00.2	201.7			
363 Karyn McNamara	F	Empty the Tanks I	12:49.6	2:00.3	201.3			
364 FREELANCE MN BUOLI ROMANO	M	ROWING CLUB MANTOVA I	12:50.0	2:00.3	201.0			
365 Anita Pearce	F	C2TweetCrew II	12:50.1	2:00.3	200.9			
366 Dee Amon	f	RowPro Rowers II	12:50.5	2:00.4	200.6			
367 Mark Kaehler	m	Empty the Tanks III	12:51.9	2:00.6	199.5			
368 France Bergeron	F	RowPro Rowers III	12:52.5	2:00.7	199.0			
369 Graham Tooth	M	Fitness Matters VII	12:53.1	2:00.8	198.6			
370 FREELANCE MN CASALI NICOLETTA	f	ROWING CLUB MANTOVA I	12:55.0	2:01.1	197.1			
371 Tania Guy	F	Fybro-Supporters I	12:55.7	2:01.2	196.6			
372 Abby Diaz	F	Fitness Matters II	12:56.0	2:01.3	196.3			
373 Ken Fairley	m	Sub 7 XIX	12:56.0	2:01.3	196.3			
374 Jackie Hicks	F	Independent I	12:57.3	2:01.5	195.4			
375 Laurence LOPEZ	F	FIRT IV	12:59.1	2:01.7	194.0			
376 Laura Fairbairn	F	Free Spirits IV	12:59.7	2:01.8	193.6			
377 Lynsey Hickman	F	Sub 7 XII	13:01.1	2:02.0	192.5			
378 Tommy Gee	M	Gee Crew II	13:01.2	2:02.1	192.5			
379 Lucy Dickinson	F	Fitness Matters III	13:01.2	2:02.1	192.5			
380 Julie Paillin	f	Red Line Rowers I	13:01.7	2:02.1	192.1			
381 Jet Ski Lady	F	Sub 7 XIII	13:02.5	2:02.3	191.5			
382 Chet Cressman	M	Sub 7 XXII	13:02.7	2:02.3	191.3			
383 Patrick Hicks	M	Independent III	13:05.7	2:02.8	189.2			
384 Annette Wammen	f	RowPro Rowers III	13:05.8	2:02.8	189.1			
385 Amy Stewart	F	DLC Gidea Park II	13:05.9	2:02.8	189.0			
386 JohannP	M	Tribesports II	13:06.0	2:02.8	188.9			
387 Christine Wojcik	F	Free Spirits V	13:10.6	2:03.5	185.7			
388 Rita Risley	f	Gee Crew II	13:13.0	2:03.9	184.0			
389 Susan Young	F	Sub 7 XIV	13:13.1	2:03.9	183.9			
390 vahranian.clara	F	FIRT V	13:14.0	2:04.1	183.3			
391 Kay Hughes	F	Team Oarsome II	13:15.0	2:04.2	182.6			
392 Georgina Price	F	Forum Flyers IV	13:15.2	2:04.3	182.5			
393 Bryan Tapsell	m	Sub 7 XX	13:15.3	2:04.3	182.4			
394 _Dougie Lawson [S7]	M	Sub 7 XXIII	13:17.4	2:04.6	181.0			
395 Ryan Grier	M	Sub 7 XXIII	13:17.9	2:04.7	180.6			
396 Karla R	F	Tribesports II	13:18.4	2:04.7	180.3			
397 Jack Gilmore	m	Forum Flyers VII	13:28.7	2:06.4	173.5			
398 Nadine Coudroy	F	FIRT VI	13:29.4	2:06.5	173.0			
399 John Gunn	M	The Banana Boat I	13:30.4	2:06.6	172.4			
400 Dave Moores (FF)	M	Forum Flyers VII	13:31.3	2:06.8	171.8			
401 clareburrell	f	Free Spirits VI	13:34.0	2:07.2	170.1			
402 Lindsay Hewitt	F	DLC Gidea Park III	13:35.4	2:07.4	169.2			
403 Frank Tapp	M	The Banana Boat I	13:38.8	2:07.9	167.1			
404 Michelle Houghton	F	Free Spirits VII	13:41.6	2:08.4	165.4			
405 Roger Burrell	m	Free Spirits VIII	13:43.2	2:08.6	164.5			
406 Marie_Louise Roffey	f	Sub 7 XV	13:44.6	2:08.8	163.6			
407 celine.kls	f	FIRT VII	13:45.6	2:09.0	163.0			
408 Penny Meier	f	Sub 7 XVI	13:46.1	2:09.1	162.7			
409 Izzy Molyneux-Jacob	f	Sub 7 XVII	13:46.2	2:09.1	162.7			
410 ruthb	F	Sub 7 XVIII	13:51.5	2:09.9	159.6			
411 PeggyH	f	Free Spirits VIII	13:52.7	2:10.1	158.9			
412 Michelle Toy	F	C2TweetCrew III	13:53.8	2:10.3	158.3			
413 Jo Walters	f	Fitness Matters IV	14:02.6	2:11.7	153.4			
414 Arno Calonius	m	Forum Flyers VIII	14:03.1	2:11.7	153.1			
415 Cynthia Runia	F	Age Without Limits I	14:05.4	2:12.1	151.9			
416 Sophie Apps	f	DLC Gidea Park III	14:08.0	2:12.5	150.5			
417 Alison Warner	F	Sub 7 XIX	14:10.2	2:12.8	149.3			
418 Liz West	F	Sub 7 XX	14:10.6	2:12.9	149.1			
419 John Gold	m	Sub 7 XXI	14:15.0	2:13.6	146.8			
420 Kendra Look	f	Penobscot River IRC I	14:16.5	2:13.8	146.0			
421 diana kornbrot	F	Sub 7 XXI	14:18.5	2:14.1	145.0			
422 DERYA	F	FIRT VIII	14:24.0	2:15.0	142.3			
423 Rhonda Bishop S7	F	Sub 7 XXII	14:24.1	2:15.0	142.2			
424 Penny Bates	f	Sub 7 XXII	14:26.2	2:15.3	141.2			
425 Alan Dixon	M	The Banana Boat I	14:30.8	2:16.1	138.9			
426 Jenn Davis	F	Sub 7 XXIII	14:32.2	2:16.3	138.3			
427 Jef Hutchby	M	Sub 7 XXIII	14:33.5	2:16.5	137.7			
428 Maddie FF	F	Forum Flyers V	14:38.5	2:17.3	135.3			
429 Elise Chaumiole II	F	FIRT IX	14:40.3	2:17.5	134.5			
430 Desclaux.fabienne	F	FIRT X	14:42.3	2:17.9	133.6			
431 Amanda Gurley	F	Sub 7 XXIV	14:42.6	2:17.9	133.4			
432 Daniella Caldas Brown	F	Sub 7 XXIV	14:45.9	2:18.4	132.0			
433 Peter Sheean	m	Forum Flyers VIII	14:48.0	2:18.8	131.0			
434 Heather Powell	f	Sub 7 XXIII	14:49.3	2:19.0	130.5			
435 DJ Benny	m	SYC Rowing Crew I	15:02.5	2:21.0	124.8			
436 Caroline Joynson	f	Empty the Tanks II	15:03.7	2:21.2	124.3			
437 Matt Goose	M	Forum Flyers VIII	15:05.0	2:21.4	123.8			
438 Lizzie M	f	Tribesports II	15:05.9	2:21.5	123.4			
439 Gaynor Johnson	F	Red Line Rowers I	15:08.2	2:21.9	122.5			
440 Charles Morley LWT	m	Sub 7 XXIV	15:14.4	2:22.9	120.0			
441 Jennifer Victory	f	Free Spirits VIII	15:17.4	2:23.3	118.8			
442 martine GASTALDI	f	FIRT XI	15:18.2	2:23.5	118.5			
443 Clive Hodds	M	The Banana Boat II	15:26.7	2:24.8	115.3			
444 Marie Haig	F	Gee Crew II	15:28.6	2:25.1	114.6			
445 Nadine Boles	F	Red Line Rowers II	15:30.3	2:25.4	114.0			
446 Charles Wheddon	m	The Banana Boat II	15:31.6	2:25.6	113.5			
447 Beaumont.marieclaire	F	FIRT XII	15:33.2	2:25.8	112.9			
448 Antoine.nathalie	f	FIRT XIII	15:40.2	2:26.9	110.4			
449 Alison Tooth	f	Fitness Matters IV	15:46.9	2:28.0	108.1			
95 Paddy Power VI								1
Robert Essex (L)								
96 Empty the Tanks III								1
Mike Bode (H)								
Mark Kaehler (H)								
Nathanael Murdoch (L)								
97 Forum Flyers VII								1
Dave Moores (FF) (H)						Jack Gilmore (L)		
Rick Bayko (L)								
Dan Farmer (L)								
98 Fitness Matters VII								1
Graham Tooth (H)								
99 Fybro-Supporters I								1
Tania Guy (F)								
100 SYC Rowing Crew I								1
André Budzien (H)								
DJ Benny (L)								
101 DLC Gidea Park III								1
Daniel Keeling (L)								
Sophie Apps (L)								
Lindsay Hewitt (F)								
102 Forum Flyers VIII								1
Matt Goose (H)								
Arno Calonius (L)								
Peter Sheean (L)								
103 Red Line Rowers II								1
Nadine Boles (F)								
104 Sub 7 XXV								1
DrM (L)								
105 C2TweetCrew III								1
Adam Mell (H)						Michelle Toy (F)		
Borut Hafner (L)								
Klemen H. 2003 (L)								
106 The Banana Boat V								2
Bella Briley (L)								
107 FIRT XIV								2
Niko elissalde (L)						marjorie KOUBI (F)		
Gicquel.amandine (L)								
Lacorne.coraline (F)								
108 Independent III								3
Patrick Hicks (H)								
Gary Curtis (H)								

450	FREELANCE MN DEGLI ESPOSTI SONIA	<b>F</b>	ROWING CLUB MANTOVA I	16:04.0	2:30.6	102.4
451	Gicquel.amandine	f	FIRT XIV	16:12.9	2:32.0	99.6
452	Gillian Burrell	f	Free Spirits VIII	16:16.0	2:32.5	98.7
453	Sara Lochrie	<b>F</b>	Sub 7 XXIV	16:16.3	2:32.5	98.6
454	Abi Rayner	f	Sub 7 XXIV	16:17.1	2:32.7	98.4
455	DrM	m	Sub 7 XXV	16:23.3	2:33.6	96.5
456	Klemen H. 2003	m	C2TweetCrew III	16:27.2	2:34.3	95.4
457	Ellie Hall	f	The Banana Boat I	16:59.8	2:39.3	86.5
458	Lacorne.coraline	f	FIRT XIV	17:00.1	2:39.4	86.4
459	Tracy Wilgaus	f	The Banana Boat II	17:12.2	2:41.3	83.4
460	Ron Leech	<b>M</b>	The Banana Boat II	17:32.4	2:44.4	78.7
461	Annis Bessley	f	The Banana Boat II	17:38.1	2:45.3	77.5
462	mjpermuth	f	Age Without Limits I	17:47.7	2:46.8	75.4
463	Ann Ottley	<b>F</b>	The Banana Boat III	17:54.0	2:47.8	74.1
464	Leah Bolton2	f	The Banana Boat III	17:56.1	2:48.1	73.6
465	Chris Chadwick	m	The Banana Boat III	18:13.8	2:50.9	70.1
466	Tony Webster	<b>M</b>	The Banana Boat III	18:30.0	2:53.4	67.1
467	Mollie Bullock	f	The Banana Boat III	18:36.5	2:54.5	65.9
468	Eileen Cash	f	The Banana Boat IV	18:46.8	2:56.1	64.1
469	FREELANCE MN COMOLA ANNA	<b>F</b>	ROWING CLUB MANTOVA I	19:01.0	2:58.3	61.8
470	John Bratley	<b>M</b>	The Banana Boat IV	19:17.2	3:00.8	59.2
471	Hannah Stanley	f	The Banana Boat IV	20:00.0	3:07.5	53.1
472	marjorie KOUBI	<b>F</b>	FIRT XIV	20:01.8	3:07.8	52.9
473	Katie Jefferson	f	The Banana Boat IV	21:49.2	3:24.6	40.9
474	Abbie Worrell	f	The Banana Boat IV	22:26.8	3:30.4	37.6
475	Bella Briley	f	The Banana Boat V	24:04.4	3:45.7	30.4
476	Emmie Baker	f	Forum Flyers VI	24:46.5	3:52.3	27.9
477	Adam Mell	<b>M</b>	C2TweetCrew III	30:00.0	4:41.3	15.7
478	Gary Curtis	<b>M</b>	Independent III	59:00.0	9:13.1	2.1
479	Niko elissalde	m	FIRT XIV	1:00:00.0	9:22.5	2.0

The Cross-Team Challenge is not supported or endorsed by Concept 2.  
Site written by Daren Chandisingh. Please post any problems on the UK Concept 2 forum.

