



CROSS TEAM CHALLENGE Concept2 Forum Members

Current challenge [Team Leaderboard](#) [Add or Update a Person](#) [FAQ](#)

Aug 2013 - The Sub 7 mixed stroke rate 8 x 500m / 2 minutes rest.

This challenge was chosen by SUB7 IRC.
You need to row 8 * 500m reps with 2 minutes rest.

Any 4 reps at 20SPM or below
Any 4 reps at 30SPM and above
The order those reps are done isn't important, you could row all the 30SPM reps then all the 20SPM reps.
You could alternate, you could do them randomly.

There's a one second penalty per SPM if you exceed rate 20 on the 20SPM reps or fail to rate 30 on the 30SPM reps.

Example: Rate 21 incurs a 1 second penalty per rep, Rate 22 incurs a 2 second penalty, and so on. Likewise, Rate 29 incurs a 1 second penalty, Rate 28 incurs a 2 second penalty, and so on.

Standing / Static start for the first rep. Standing or rolling for the 2nd to 8th reps. You are not allowed to row without taking the rest.

Record your final time including penalties for 4000m, do not include the rest time.

The September challenge will be chosen by DLC Gidea Park.
See the [C2 forum thread](#) for details.

Most Recent Entries

Date	Name	Cat	Team	Result
2013-09-01	Steve Motzny	MHWT	Age Without Limits	<i>14:44.7</i>
2013-09-01	Lewin2	MHWT	RowPro Rowers	<i>12:40.7</i>
2013-09-01	Carol Mcilvane	FHWT	Paddy Power	15:58.6
2013-09-01	Bjorn_Stensheim	MHWT	RowPro Rowers	13:26.9
2013-08-31	James Thomson	MHWT	Paddy Power	12:38.3

Bold = new time; *italic* = updated time

Add/Update an Entry

Current Leaderboard

Names in blue italics have added or updated their times within the past 24 hours.

#	Name	Cat	Team	Result	Pace	Power
1	Team Oarsome I			13:19.5		
1	<i>AAPaul Buchanan</i>	M	Paddy Power I	12:18.4	1:32.3	445.1
2	<i>Simon Smith</i>	M	MAD	12:38.4	1:32.8	421.1
3	<i>Simon Smith</i>	M	MAD	12:38.4	1:32.8	421.1

2	Rich Blagrove	M	MAD I	12:30.4	1:33.8	424.1
3	James Thomson	M	Paddy Power I	12:38.3	1:34.8	411.0
4	Dave "Ding Dong" Bell	M	Team Oarsome I	12:40.3	1:35.0	407.7
5	Simon Gough	M	Team Oarsome I	12:40.5	1:35.1	407.4
6	Lewin2	M	RowPro Rowers I	12:40.7	1:35.1	407.1
7	Liefcat	M	Free Spirits I	12:43.9	1:35.5	402.0
8	Dirk Möller	M	Forum Flyers I	12:45.7	1:35.7	399.2
9	Marcus Schug	M	C2TweetCrew I	12:47.8	1:36.0	395.9
10	Simon Newton	M	Gee Crew I	12:48.0	1:36.0	395.6
11	Phil Hoyle	M	C2TweetCrew I	12:53.0	1:36.6	388.0
12	hjs	M	Forum Flyers I	12:54.1	1:36.8	386.3
13	Blanksby	M	Independent I	12:54.2	1:36.8	386.2
14	Casey Clarke	M	Sub 7 I	12:55.9	1:37.0	383.6
15	macroth	M	Forum Flyers I	12:55.9	1:37.0	383.6
16	Maximus	M	Paddy Power I	12:56.0	1:37.0	383.5
17	Glynn Powell	M	Sub 7 I	13:00.5	1:37.6	376.9
18	Andy J Pearce	M	C2TweetCrew I	13:00.9	1:37.6	376.3
19	Jon Bone	M	Team Oarsome I	13:01.3	1:37.7	375.7
20	Jared Oldenburg	M	Independent I	13:01.6	1:37.7	375.3
21	Gregory S	m	SYC Rowing Crew I	13:02.3	1:37.8	374.3
22	Martin Still	M	Sub 7 I	13:03.5	1:37.9	372.6
23	Johan Eklund	M	Rote 87 RK I	13:04.3	1:38.0	371.4
24	Pete Marston	M	MAD I	13:06.7	1:38.3	368.1
25	jonasm	M	Sub 7 II	13:09.1	1:38.6	364.7
26	BarnettSimon	M	Sub 7 II	13:09.7	1:38.7	363.9
27	Warren Matthews	M	Sub 7 II	13:11.5	1:38.9	361.4
28	Jason McCormack	M	Paddy Power II	13:13.7	1:39.2	358.4
29	noel	M	Paddy Power II	13:14.5	1:39.3	357.3
30	Ralf Achenbach	M	C2TweetCrew II	13:14.6	1:39.3	357.2
31	Richard Cheeseman	M	Sub 7 III	13:15.5	1:39.4	356.0
32	Nick Rockliff	M	Team Oarsome II	13:16.1	1:39.5	355.2
33	Giles Clarke	M	Sub 7 III	13:16.9	1:39.6	354.1
34	MarkM FF	M	Forum Flyers II	13:18.0	1:39.8	352.6
35	Stewart Wyllie	M	RowPro Rowers I	13:18.8	1:39.9	351.6
36	Wim Oosterveld	M	C2TweetCrew II	13:20.1	1:40.0	349.9
37	Harry Wilkes	M	Sub 7 III	13:20.2	1:40.0	349.7
38	haaico	M	Free Spirits I	13:20.6	1:40.1	349.2
39	Johnny Kolster	M	Sub 7 IV	13:20.6	1:40.1	349.2
40	Wiecher	M	Forum Flyers II	13:21.6	1:40.2	347.9
41	Dave Chmilowskyj	M	Team Oarsome II	13:22.6	1:40.3	346.6
42	Mark Bower	M	Empty the Tanks I	13:23.4	1:40.4	345.6
43	Matthew Leonard	M	Free Spirits I	13:23.7	1:40.5	345.2

1	Simon Gough (H) Jon Bone (H)	Hannan Hawkins (F)
34 pts	RowPro Rowers I	13:27.8
2	Lewin2 (H) Stewart Wyllie (H) Bjorn_Stensheim (H)	Arwed Egger (L) Anne Bourlioux (F)
33 pts	Sub 7 I	13:29.0
3	Casey Clarke (H) Glynn Powell (H) Martin Still (H)	James Howard (L) Tracy Watkins (F)
32 pts	Forum Flyers I	13:31.9
4	Dirk Möller (H) hjs (H) macroth (H)	John Ferdinando (L) Taru Calonius (F)
31 pts	Free Spirits I	13:43.5
5	Liefcat (H) haaico (H) Matthew Leonard (H)	SanderJRoosendaal (L) Rachel Harris (F)
30 pts	Sub 7 II	13:44.3
6	jonasm (H) BarnettSimon (H) Warren Matthews (H)	boatdeck (L) Clare Busst (F)
29 pts	C2TweetCrew I	13:48.3
7	Marcus Schug (H) Phil Hoyle (H) Andy J Pearce (H)	Barry Dussault (L) Andrea Arriola (F)
28 pts	Paddy Power I	13:48.3
8	AAPaul Buchanan (H) James Thomson (H) Maximus (H)	Joe A Keating (L) Carol Mcilvane (F)
27 pts	Sub 7 III	13:53.9
9	Richard Cheeseman (H) Giles Clarke (H) Harry Wilkes (H)	Steve Berridge (L) Carol Woodward (F)
26 pts	MAD I	13:57.6
10	Rich Blagrove (H) Pete Marston (H) James Hilston (H)	Nick Molloy (L) J Cropper (F)
25 pts	Sub 7 IV	14:00.3
11	Johnny Kolster (H) Richard Steventon (H) Matt Wilmington (H)	GeorgeBingham (L) Marjorie (F)
24 pts	Forum Flyers II	14:03.5

44	Richard Steventon	M	Sub 7 IV	13:24.0	1:40.5	344.8
45	Bags(H)	M	Paddy Power II	13:25.5	1:40.7	342.9
46	Bjorn_Stensheim	M	RowPro Rowers I	13:26.9	1:40.9	341.1
47	Matt Wilmington	M	Sub 7 IV	13:29.7	1:41.2	337.6
48	James Hilston	M	MAD I	13:30.3	1:41.3	336.8
49	James Howard	m	Sub 7 I	13:30.7	1:41.3	336.3
50	Si Wilson Storey	M	DLC Gidea Park I	13:31.0	1:41.4	336.0
51	Andy Burrows	M	Team Oarsome II	13:31.4	1:41.4	335.5
52	Stuart Bizzarri	m	Team Oarsome I	13:32.0	1:41.5	334.7
53	Arwed Egger	m	RowPro Rowers I	13:32.9	1:41.6	333.6
54	Conny J.	m	Rote 87 RK I	13:34.3	1:41.8	331.9
55	Lindsayh	M	Forum Flyers II	13:36.8	1:42.1	328.8
56	Matt B Brown	M	Forum Flyers III	13:37.2	1:42.2	328.4
57	Jon Goodall	M	MAD II	13:37.3	1:42.2	328.2
58	boatdeck	m	Sub 7 II	13:42.4	1:42.8	322.2
59	Joseph Smyntek	M	Empty the Tanks I	13:42.6	1:42.8	321.9
60	Kay Bieri	M	C2TweetCrew II	13:42.7	1:42.8	321.8
61	Lars Kofod	M	Sub 7 V	13:43.2	1:42.9	321.2
62	Rolf Boers	M	Forum Flyers III	13:43.4	1:42.9	321.0
63	Mark Christie	M	Forum Flyers III	13:43.8	1:43.0	320.5
64	Andrew Richards	M	Free Spirits II	13:44.1	1:43.0	320.2
65	Richard Young	M	Empty the Tanks I	13:44.1	1:43.0	320.2
66	Martin FF	M	Forum Flyers IV	13:46.6	1:43.3	317.3
67	Robert Mayes	M	DLC Gidea Park I	13:46.8	1:43.4	317.1
68	Frank Noorlander	M	Forum Flyers IV	13:47.9	1:43.5	315.8
69	Little Chris	m	The Banana Boat I	13:50.2	1:43.8	313.2
70	Aaron Lancaster	M	Sub 7 V	13:50.9	1:43.9	312.4
71	Jonathan Turns ETT	M	Empty the Tanks II	13:52.4	1:44.1	310.7
72	Super Kirky	M	MAD II	13:53.7	1:44.2	309.2
73	Bouke Dieleman	M	Empty the Tanks II	13:54.6	1:44.3	308.2
74	marke FF	M	Forum Flyers IV	13:57.2	1:44.7	305.4
75	Steve Berridge	m	Sub 7 III	13:58.0	1:44.8	304.5
76	Steve Ockerby	M	Forum Flyers V	13:58.4	1:44.8	304.1
77	Gregory Cook II	m	Team Oarsome II	13:58.7	1:44.8	303.8
78	Ant Stansbie	M	Sub 7 V	13:59.4	1:44.9	303.0
79	Dominic Grierson	M	Sub 7 VI	13:59.8	1:45.0	302.6
80	Mark Powell	M	Sub 7 VI	14:00.1	1:45.0	302.2
81	Bob_Cook	M	Sub 7 VI	14:00.2	1:45.0	302.1
82	SanderJRoosendaal	m	Free Spirits I	14:00.5	1:45.1	301.8
83	D Wiklander	M	Rote 87 RK I	14:00.5	1:45.1	301.8
84	Maurice O'Kane	M	Paddy Power III	14:01.6	1:45.2	300.6

12	MarkM FF (H) Wiecher (H) Lindsayh (H)	Will Haskell (L) Maryanne Maguire (F)
23 pts		
13	Team Oarsome II	14:08.0
	Nick Rockliff (H) Dave Chmilowskyj (H) Andy Burrows (H)	Gregory Cook II (L) Arlene Wade (TO) (F)
22 pts		
14	C2TweetCrew II	14:11.7
	Ralf Achenbach (H) Wim Oosterveld (H) Kay Bieri (H)	Herman de Boer (L) Anita Pearce (F)
21 pts		
15	Independent I	14:13.7
	Blanksby (H) Jared Oldenburg (H) Craig Hudson (H)	Ian Dowgill (L) Jackie Hicks (F)
20 pts		
16	Forum Flyers III	14:23.6
	Matt B Brown (H) Rolf Boers (H) Mark Christie (H)	Glen Rhook (L) Debbie Barber (F)
19 pts		
17	Sub 7 V	14:27.1
	Lars Kofod (H) Aaron Lancaster (H) Ant Stansbie (H)	Dimos (L) Jet Ski Lady (F)
18 pts		
18	Sub 7 VI	14:33.7
	Dominic Grierson (H) Mark Powell (H) Bob_Cook (H)	Petr Arnold (L) Kimberley Naylor-Perrott (F)
17 pts		
19	Forum Flyers IV	14:34.0
	Martin FF (H) Frank Noorlander (H) marke FF (H)	Steve Burke (L) Georgina Price (F)
16 pts		
20	Free Spirits II	14:37.5
	Andrew Richards (H) Seb Miller (H) alan wisniewski (H)	David Plumb (L) Cathrine Aarrestad (F)
15 pts		
21	DLC Gidea Park I	14:40.7
	Si Wilson Storey (H) Robert Mayes (H) Stuart Power (L)	Mike Brownjohn (L) Amy Stewart (F)
14 pts		
22	Sub 7 VII	14:41.0
	Gary Steadman (H) schuey (H) cycloid (H)	bojam (L) Dawn Spears (F)
13 pts		
23	Rote 87 RK I	14:49.6

85	Gary Steadman	M	Sub 7 VII	14:01.9	1:45.2	300.3
86	schuey	M	Sub 7 VII	14:03.2	1:45.4	298.9
87	John Ferdinando	m	Forum Flyers I	14:03.5	1:45.4	298.6
88	Will Haskell	m	Forum Flyers II	14:04.4	1:45.6	297.6
89	Seb Miller	M	Free Spirits II	14:05.8	1:45.7	296.2
90	GeorgeBingham	m	Sub 7 IV	14:07.3	1:45.9	294.6
91	Glen Rhook	m	Forum Flyers III	14:07.7	1:46.0	294.2
92	cycloid	M	Sub 7 VII	14:09.8	1:46.2	292.0
93	Adrian Nicholas	M	Team Oarsome III	14:10.4	1:46.3	291.4
94	Dimos	m	Sub 7 V	14:11.5	1:46.4	290.3
95	davidmarks	M	Paddy Power III	14:12.3	1:46.5	289.4
96	Petr Arnold	m	Sub 7 VI	14:14.5	1:46.8	287.2
97	Steve Burke	m	Forum Flyers IV	14:15.5	1:46.9	286.2
98	Craig Hudson	M	Independent I	14:18.3	1:47.3	283.4
99	Nigel Farmer	M	Forum Flyers V	14:18.3	1:47.3	283.4
100	Anne Bourlioux	F	RowPro Rowers I	14:19.9	1:47.5	281.8
101	Jean-Marc Hurni	M	Age Without Limits I	14:20.1	1:47.5	281.6
102	David Junta	M	RowPro Rowers II	14:22.0	1:47.8	279.8
103	Lucas Nightingale	M	Empty the Tanks II	14:22.2	1:47.8	279.6
104	Ian Dowgill	m	Independent I	14:23.4	1:47.9	278.4
105	bojam	m	Sub 7 VII	14:23.6	1:48.0	278.2
106	Ken Fairley	m	Sub 7 VIII	14:23.7	1:48.0	278.1
107	Rae Carter	M	C2TweetCrew III	14:24.7	1:48.1	277.2
108	Mike Pearce (MPx)	M	Sub 7 VIII	14:24.8	1:48.1	277.1
109	André Budzien	M	SYC Rowing Crew I	14:25.5	1:48.2	276.4
110	mphab	M	Sub 7 VIII	14:25.7	1:48.2	276.2
111	Jef Hutchby	m	Sub 7 VIII	14:31.2	1:48.9	271.0
112	Barry Dussault	m	C2TweetCrew I	14:31.4	1:48.9	270.8
113	Iain Laird	M	Sub 7 IX	14:32.4	1:49.1	269.9
114	Daniele Pavan	M	Eat the Chain I	14:34.4	1:49.3	268.0
115	Will	m	RowPro Rowers II	14:36.7	1:49.6	265.9
116	John Giles	M	Empty the Tanks III	14:36.8	1:49.6	265.8
117	Oranj	m	Independent II	14:38.7	1:49.8	264.1
118	Nick Molloy	m	MAD I	14:40.4	1:50.1	262.6
119	alan wisniewski	M	Free Spirits II	14:42.5	1:50.3	260.7
120	Andrew Stanway	M	Free Spirits III	14:42.5	1:50.3	260.7
121	Hannah Hawkins	F	Team Oarsome I	14:43.8	1:50.5	259.6
122	<i>Steve Motzny</i>	M	Age Without Limits I	14:44.7	1:50.6	258.8
123	Anthony Gothard	M	Sub 7 IX	14:46.7	1:50.8	257.0
124	Steve Price	m	MAD II	14:47.8	1:51.0	256.1
125	Mark Cawthorne	M	Free Spirits III	14:48.2	1:51.0	255.7

12 pts	24	Jonan Eklund (H) D Wiklander (H) Richard Elg (H)	Conny J. (L) Ida Poppen (F)	14:51.5
11 pts	25	Empty the Tanks I Mark Bower (H) Joseph Smyntek (H) Richard Young (H)	Rob Drury (L) Caroline Joynson (F)	15:05.0
10 pts	26	Forum Flyers V Steve Ockerby (H) Nigel Farmer (H) Chris Whale (H)	BradT2 FF (L) Maddie FF (F)	15:07.6
9 pts	27	Sub 7 VIII Mike Pearce (MPx) (H) mphab (H) Ken Fairley (L)	Jef Hutchby (L) KM Lim (F)	15:14.5
8 pts	28	RowPro Rowers II David Junta (H) Doug Rolland (H) Will (L)	Ruud LW (L) Annette Wammen (F)	15:14.9
7 pts	29	Free Spirits III Andrew Stanway (H) Mark Cawthorne (H) Paul Gould (H)	JohnTee (L) Laura Fairbairn (F)	15:34.7
6 pts	30	C2TweetCrew III Rae Carter (H) William Gooner Hawkins (H) Borut Hafner (L)	Johan Hoeke (L) Becky Castro (F)	15:35.5
5 pts	31	Sub 7 IX Iain Laird (H) Anthony Gothard (H) Simon Lake (H)	Richard Hall (L) Susan Young (F)	15:47.4
4 pts	32	Forum Flyers VI W de Jong (H) Mikael Calonius (H) Kim Calonius (H)	Dan Farmer (L) joW FF (F)	15:51.5
3 pts	33	Paddy Power II Jason McCormack (H) noel (H) Bags(H) (H)	connor stansfield (L) Jackie O'Kane (F)	16:07.0
2 pts	34	Free Spirits IV billwright (H) Richard Lindner (H) Graham Webber (H)	Philip Price (L) clareburrell (F)	16:19.4
	35	The Banana Boat I		

126	Herman de Boer	m	C2TweetCrew II	14:48.4	1:51.1	255.6
127	Simon Lake	M	Sub 7 IX	14:48.5	1:51.1	255.5
128	BradT2 FF	m	Forum Flyers V	14:48.6	1:51.1	255.4
129	snavebelac	M	Sub 7 X	14:48.6	1:51.1	255.4
130	Ruud LW	m	RowPro Rowers II	14:49.4	1:51.2	254.7
131	Matt Bridge	M	Sub 7 X	14:49.9	1:51.2	254.3
132	Rob Drury	m	Empty the Tanks I	14:51.0	1:51.4	253.3
133	Stuart Power	m	DLC Gidea Park I	14:51.6	1:51.5	252.8
134	Rod Chinn	M	Sub 7 X	14:52.7	1:51.6	251.9
135	Chris Whale	M	Forum Flyers V	14:53.2	1:51.7	251.5
136	Graham Lofthouse	M	Sub 7 XI	14:54.5	1:51.8	250.4
137	Tracy Watkins	F	Sub 7 I	14:54.6	1:51.8	250.3
138	Borut Hafner	m	C2TweetCrew III	14:57.9	1:52.2	247.5
139	William Gooner Hawkins	M	C2TweetCrew III	14:58.4	1:52.3	247.1
140	Mike Brownjohn	m	DLC Gidea Park I	14:58.7	1:52.3	246.9
141	W de Jong	M	Forum Flyers VI	14:58.7	1:52.3	246.9
142	Johan Hoeke	m	C2TweetCrew III	14:59.6	1:52.5	246.1
143	Mikael Calonijs	M	Forum Flyers VI	14:59.9	1:52.5	245.9
144	Taru Calonijs	F	Forum Flyers I	15:00.4	1:52.6	245.5
145	Richard Elg	M	Rote 87 RK I	15:00.7	1:52.6	245.2
146	Stuart Thorp	M	C2TweetCrew IV	15:00.8	1:52.6	245.2
147	David Plumb	m	Free Spirits II	15:01.0	1:52.6	245.0
148	Andrew Lynch	M	DLC Gidea Park II	15:03.3	1:52.9	243.1
149	Paul Gould	M	Free Spirits III	15:04.9	1:53.1	241.8
150	Funkyrower	M	The Banana Boat I	15:06.7	1:53.3	240.4
151	MikeyW	M	DLC Gidea Park II	15:07.1	1:53.4	240.1
152	billwright	M	Free Spirits IV	15:07.9	1:53.5	239.5
153	Rachel Harris	F	Free Spirits I	15:08.9	1:53.6	238.7
154	Joe A Keating	m	Paddy Power I	15:10.4	1:53.8	237.5
155	Lawrence Devon	M	DLC Gidea Park II	15:11.4	1:53.9	236.7
156	Phil Nolan	M	Empty the Tanks III	15:11.8	1:54.0	236.4
157	Richard Lindner	M	Free Spirits IV	15:19.9	1:55.0	230.2
158	Doug Rolland	M	RowPro Rowers II	15:25.2	1:55.7	226.3
159	Marcus Owen	M	DLC Gidea Park III	15:28.0	1:56.0	224.2
160	Clare Busst	f	Sub 7 II	15:28.8	1:56.1	223.7
161	Kim Calonijs	M	Forum Flyers VI	15:30.4	1:56.3	222.5
162	Helen Tilley	F	Taff Attack Racing I	15:32.2	1:56.5	221.2
163	Cathrine Aarrestad	F	Free Spirits II	15:34.3	1:56.8	219.7
164	JohnTee	m	Free Spirits III	15:36.1	1:57.0	218.5
165	NC Stanley	M	Age Without Limits I	15:37.2	1:57.2	217.7
166	edward jackson	M	Empty the Tanks III	15:38.4	1:57.3	216.9
167	Carol Woodward	f	Sub 7 III	15:39.0	1:57.4	216.4

34	Funkyrower (H) Scott Denney (H) Little Chris (L)	Jake McKay (L) Mags Hind (F)	
35	MAD II		14:06.2
	Jon Goodall (H) Super Kirky (H) Steve Price (L)		
36	Paddy Power III		14:06.9
	Maurice O'Kane (H) davidmarks (H)		
37	Empty the Tanks II		14:32.4
	Jonathan Turns ETT (H) Bouke Dieleman (H) Lucas Nightingale (H)	Mike Schnell (L)	
38	Independent II		14:38.7
	Oranj (L)		
39	Gee Crew I		14:48.5
	Simon Newton (H) Roger Cruttenden (H) Kevin Pappin (H)		
40	C2TweetCrew IV		15:00.8
	Stuart Thorp (H)		
41	DLC Gidea Park II		15:07.2
	Andrew Lynch (H) MikeyW (H) Lawrence Devon (H)		
42	DLC Gidea Park III		15:28.0
	Marcus Owen (H)		
43	Taff Attack Racing I		15:32.2
	Helen Tilley (F)		
44	Empty the Tanks III		15:33.6
	John Giles (H) Phil Nolan (H) edward jackson (H)	Diggy (L)	
45	Sub 7 X		15:45.9
	snavebelac (H) Matt Bridge (H) Rod Chinn (H)	diana kornbrot (F)	
46	Team Oarsome III		15:59.0
	Adrian Nicholas (H) Matt Newman (L) Kay Hughes (F)		
47	Eat the Chain I		16:17.0

168	Marjorie	F	Sub 7 IV	15:40.0	1:57.5	215.8
169	Dino Loizou	M	Sub 7 XI	15:40.7	1:57.6	215.3
170	Roger Cruttenden	M	Gee Crew I	15:42.8	1:57.9	213.8
171	Dan Farmer	m	Forum Flyers VI	15:44.1	1:58.0	213.0
172	Mike Wrenn	M	Sub 7 XI	15:44.2	1:58.0	212.9
173	Andrea Arriola	f	C2TweetCrew I	15:48.4	1:58.6	210.1
174	Anita Pearce	F	C2TweetCrew II	15:52.8	1:59.1	207.2
175	Kevin Pappin	M	Gee Crew I	15:54.8	1:59.4	205.9
176	Richard Hall	m	Sub 7 IX	15:56.6	1:59.6	204.7
177	Maryanne Maguire	F	Forum Flyers II	15:56.8	1:59.6	204.6
178	Carol Mcilvane	F	Paddy Power I	15:58.6	1:59.8	203.4
179	J Cropper	F	MAD I	16:00.2	2:00.0	202.4
180	Mike Schnell	m	Empty the Tanks II	16:00.5	2:00.1	202.2
181	Laura Fairbairn	F	Free Spirits III	16:03.0	2:00.4	200.7
182	PaulCorrigan	M	Forum Flyers VII	16:04.5	2:00.6	199.7
183	Steve Sempert	M	Sub 7 XII	16:08.7	2:01.1	197.1
184	Graham Webber	M	Free Spirits IV	16:10.1	2:01.3	196.3
185	Amy Stewart	F	DLC Gidea Park I	16:15.4	2:01.9	193.1
186	Dougie Lawson	M	Sub 7 XII	16:19.5	2:02.4	190.7
187	Rick Bayko	m	Forum Flyers VII	16:23.2	2:02.9	188.5
188	Glenn Teddy	m	Forum Flyers VII	16:25.3	2:03.2	187.3
189	Arno Calonius	m	Forum Flyers VII	16:28.7	2:03.6	185.4
190	Matt Newman	m	Team Oarsome III	16:28.9	2:03.6	185.3
191	Jet Ski Lady	F	Sub 7 V	16:30.9	2:03.9	184.2
192	Jackie Hicks	F	Independent I	16:31.1	2:03.9	184.1
193	Arlene Wade (TO)	f	Team Oarsome II	16:31.2	2:03.9	184.0
194	Philip Price	m	Free Spirits IV	16:31.4	2:03.9	183.9
195	Kimberley Naylor-Perrott	F	Sub 7 VI	16:33.9	2:04.2	182.5
196	Jake McKay	m	The Banana Boat I	16:42.4	2:05.3	177.9
197	Debbie Barber	F	Forum Flyers III	16:46.3	2:05.8	175.9
198	Mark Kaehler	M	Empty the Tanks IV	16:46.5	2:05.8	175.8
199	Dawn Spears	F	Sub 7 VII	16:46.8	2:05.9	175.6
200	Diggy	m	Empty the Tanks III	16:47.4	2:05.9	175.3
201	Paul Merhib	m	Empty the Tanks IV	16:49.0	2:06.1	174.4
202	Annette Wammen	f	RowPro Rowers II	16:59.4	2:07.4	169.2
203	Georgina Price	F	Forum Flyers IV	17:03.2	2:07.9	167.3
204	Roger Burrell	m	Free Spirits V	17:06.6	2:08.3	165.6
205	Dave Moores (FF)	M	Forum Flyers VIII	17:07.5	2:08.4	165.2
206	Kay Hughes	F	Team Oarsome III	17:17.7	2:09.7	160.4
207	clareburrell	f	Free Spirits IV	17:26.0	2:10.8	156.6
208	Maddie FF	F	Forum Flyers V	17:26.9	2:10.9	156.2

48	Daniele Pavan (H) Irene Galles (L)	Forum Flyers VII	16:20.4
	PaulCorrigan (H) Arno Calonius (L) Rick Bayko (L) Glenn Teddy (L)		
49		SYC Rowing Crew I	16:34.6
	André Budzien (H) Gregory S (L) Benjamin Budzien (10) (L)		
50		Sub 7 XI	16:36.1
	Graham Lofthouse (H) Gaynor Johnson (F) Dino Loizou (H) Mike Wrenn (H)		
51		Age Without Limits I	16:41.6
	Jean-Marc Hurni (H) mjpermut (L) Steve Motzny (H) NC Stanley (H)		
52		Empty the Tanks IV	17:03.1
	Mark Kaehler (H) David Bass (H) Paul Merhib (L)		
53		Free Spirits V	17:06.6
	Roger Burrell (L)		
54		Forum Flyers VIII	17:07.5
	Dave Moores (FF) (H)		
55		Sub 7 XII	17:33.1
	Steve Sempert (H) Dougie Lawson (H) Charles Morley (H)		

209	David Bass	M	Empty the Tanks IV	17:33.8	2:11.7	153.1
210	joW FF	F	Forum Flyers VI	17:44.0	2:13.0	148.8
211	KM Lim	F	Sub 7 VIII	17:52.8	2:14.1	145.1
212	Susan Young	F	Sub 7 IX	17:53.5	2:14.2	144.9
213	Mags Hind	f	The Banana Boat I	17:56.5	2:14.6	143.6
214	Irene Galles	f	Eat the Chain I	17:59.7	2:15.0	142.4
215	Scott Denney	M	The Banana Boat I	18:01.2	2:15.2	141.8
216	Ida Poppen	F	Rote 87 RK I	18:28.3	2:18.5	131.6
217	diana kornbrot	F	Sub 7 X	18:32.7	2:19.1	130.1
218	Becky Castro	F	C2TweetCrew III	18:33.0	2:19.1	130.0
219	connor stansfield	m	Paddy Power II	18:33.6	2:19.2	129.8
220	Caroline Joynton	f	Empty the Tanks I	18:36.4	2:19.6	128.8
221	Gaynor Johnson	F	Sub 7 XI	20:05.0	2:30.6	102.4
222	Charles Morley	M	Sub 7 XII	20:11.1	2:31.4	100.9
223	Jackie O'Kane	f	Paddy Power II	20:50.2	2:36.3	91.7
224	mjpermuth	f	Age Without Limits I	22:04.4	2:45.6	77.1
225	Benjamin Budzien (10)	m	SYC Rowing Crew I	22:16.2	2:47.0	75.1

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